

Contemporary Maltese Culture

Course summary

This course has been designed using CLIL methodology to present an overview of contemporary Maltese culture while developing the participants English language skills. The course will focus on three main areas of Maltese culture; food, wine and fashion and will explore their history, industries, and significance in modern day Maltese life. The course materials are thoughtfully designed to incorporate English language practice while immersing participants in the cultural context of contemporary Malta. This course will include a mix of classroom lessons, hands-on activities, visits to local establishments, and interactive discussions to provide a comprehensive understanding of food, wine, and fashion in Malta.

Date

22/06/2026 - 26/06/2026 (5 days)

03/08/2026 - 07/08/2026 (5 days)

Course Code

TTFF 001-26

TTFF 002-26

General Information

Lessons per week: 20 Presentation + 10 Workshops

Minimum age: 21+

Minimum Level: Pre-intermediate (B1)

Lesson duration: 45 hours per two-week course (22.5 hours per one-week course)

Course length: 1 week

Course fee: 1 week course - €400

PIC number: 948862634

OID number: E10056610

Course location: Easy School of Languages, 21, St Ursula Street, Valletta.

Contact person: Kasia Parascandalo

E-mail: info@easysl.com

Phone: +356 2122 550

Course requirements

Participants attending this course must have a minimum English level of B1 (Pre-Intermediate or higher).

Further details

Preparation

Students should bring a high SPF sunblock, a sun hat and sensible walking shoes for the afternoon visits.

Course outcomes

By the end of the course, participants will be able to:

- **Enhanced English Language Skills:** Participants will improve their English language proficiency, particularly in vocabulary related to food, wine, and fashion.
- **Cultural Understanding:** Participants will gain a comprehensive understanding of contemporary Maltese culture, including its culinary traditions, wine industry, and fashion scene.
- **Practical Experience:** Participants will engage in hands-on activities, such as tasting Maltese dishes and wines, and visiting local establishments, to apply their language skills in real-world contexts.
- **Interactive Learning:** Participants will develop their communication skills through interactive discussions, presentations, and reflections on their experiences.
- **Integration of CLIL Methodology:** Participants will experience the integration of Content and Language Integrated Learning (CLIL) methodology, enhancing their ability to teach English through cultural content.

Certification Awarded

- Certificate of attendance.
- The Europass will be signed and stamped by the Director of Studies, if presented duly completed and previously signed by the sending organization.





PROVISIONAL TIMETABLE

Monday

- INTRODUCTION TO MALTESE CULTURE - Discussing the importance of food, wine, and fashion in Maltese society.
- Visit The Malta Experience.

Tuesday

- INTRODUCTION TO MALTESE CUISINE - Overview of Maltese food and dining culture - Introduction to traditional Maltese ingredients and dishes - Vocabulary related to food and dining.
- Visit to a local restaurant to taste some typical Maltese dishes.

Wednesday

- EXPLORING MALTESE FASHION - Overview of Maltese fashion industry and designers - Introduction to traditional Maltese clothing and accessories - Vocabulary related to fashion and clothing.
- Visit to a local craftsman for a demonstration of traditional jewellery making.

Thursday

- FUSION OF FOOD, WINE, AND FASHION - Creating a Maltese-inspired dish with local ingredients - Pairing the dish with a Maltese wine and beers - Introduction to traditional Maltese beers.
- Tour of Farsons brewery to view the beer brewing process and sample some local beers.

Friday

- WINE TASTING IN MALTA - Overview of Maltese wine history and industry - Introduction to local grape varieties and winemaking techniques - Vocabulary related to wine tasting and appreciation.
- Visit to a local wine festival for a wine tasting session.

*Our reduced hours policy applies in the case of 3 or less course participants.

**Lessons will be adapted and based on the enrolment form completed by the teachers before the course starts and the needs analysis carried out on the first day of the course.

*** If the level of English does not correspond to the course requirements, the participant will be asked to join a more appropriate course.