



COSTA RICA

Sámara Beach

Learn the meaning of “Pura Vida”

The Spanish program in Costa Rica is designed to meet the needs of learners from all ages who want to experience the real meaning of “Pura Vida”. Offering high-quality language instruction combined with experiences immersed in the easy vibes of the beach town of Sámara, in the Pacific coast of Costa Rica, our classes focus on practical communication skills, while guided activities to explore nature and the local culture immerse participants in the Costa Rican lifestyle.

Social activities, such as hikes, group meals, latin dance lessons (salsa, merengue, bachata), and yoga sessions with locals; provide unique settings to practice Spanish and build connections. With experienced instructors and a vibrant learning community, this program ensures a rewarding and memorable experience for all participants.



- Length: from 1 week up to 6 weeks, depending on the session chosen
- 20 group lessons per week / 1 lesson 50 minutes
- For complete beginners to advanced students
- Maximum of 8 students in group classes
- Afternoon classes to enjoy the sunshine, ocean, and nature in the mornings
- Active morning activities and relaxing evenings
- Optional inclusions: 1 day trip excursions on weekends, surf lessons, private yoga instruction, accommodation, transfer services

- 20 lessons per week taught entirely in Spanish
- Maximum 8 students per class
- Classes are held at Iona Café.



- **Welcome Tour:** This tour will take place every Monday to welcome our new students each week. A Expanish coordinator will take our new students on a 2 hour tour of the town of Sámara, highlighting the main buildings they need to know to feel at home. In this tour students will identify the main banks, ATMs, super markets, doctors offices, the local organic market, the yoga studio, Iona Café (where classes will be held), and other stores and attractions available in the town of Sámara.
- **Hike:** There are 2 main hikes that are meant to explore "secret" beaches around Sámara, one of them is Playa Izquierda and the other is Punta Indio. These two locations are not too far from the town of Sámara and are catalogued as easy hikes. These hikes will take from 2 to 3 hours each depending on how long students want to stay enjoying the views and the water in each location.
- **Dancing class:** The dancing classes will be taught by a local instructor with ample experience in dancing. The main focus of the class will be latin rhythms such as Salsa, Merengue, Bachata, Cumbia, and more. Students will take a group class that lasts for 1 hour with the instructor, and then they can continue practicing as long as they want. The dancing class will be at Iona Café.
- **Yoga class:** The yoga classes are 75 minutes long. These classes will take place at a private yoga shala located in the heart of the town of Sámara. The instructor will teach the classes in Spanish.
- **End of week toast:** The students will go to a local bar/restaurant to celebrate the conclusion of a successful week. Students will learn about typical drinks and will also have time to practice their singing skill in Spanish during our karaoke party. This activity takes 2 hours but students can stay longer if they wish to stay sharing with classmates, locals, and other tourists visiting the town.

**Why are activities in the mornings and classes in the afternoons? Mainly due to local weather conditions: Costa Rica only has two seasons, the dry season (typically goes from December to April) and the wet season (goes from May to November). During the rainy season there is warm weather and sun, and it typically rains in the afternoons. This is the main reason why Expanish has set up activities in the mornings -to enjoy the sun-, and classes in the afternoons, so if it rains students would be indoors learning Spanish and their plans would not have to be canceled due to the rain. The above are the typical conditions, of course there are chances of having rainy mornings or even full days of rain, but typically the heavy rains are in the afternoons.*



2026 PRICES

	1 Week	2 Weeks	3 Weeks	4 Weeks	5 Weeks	6 Weeks
Intensive 20 lessons/week	340€	680€	1020€	1360€	1700€	2040€

Enhance your experience

ADD YOGA OR SURF TO YOUR COURSE

SPANISH + YOGA

20 Spanish Group Lessons
+
5 Group Yoga Classes in the mornings

+80 € per week

[Download information here](#)



SPANISH + SURF

20 Spanish Group Lessons
+
5 Group Surf Classes in the mornings

+295 € per week

[Download information here](#)



2026 START DATES

	1 Week	2 Weeks	3 Weeks	4 Weeks	5 Weeks	6 Weeks
SÁMARA SESSION #1	May 11th, 18th, 25th & June 1st	May 11th, 18th, 25th	May 11th, 18th	May 11th	N/A	N/A
SÁMARA SESSION #2	July 13th, 20th, 27th & August 3rd, 10th, 17th	July 13th, 20th, 27th & August 3rd, 10th	July 13th, 20th, 27th & August 3rd	July 13th, 20th, 27th	July 13th, 20th	July 13th
SÁMARA SESSION #3	October 19th, 26th & November 2nd, 9th, 16th, 23rd	October 19th, 26th & November 2nd, 9th, 16th	October 19th, 26th & November 2nd, 9th	October 19th, 26th & November 2nd	October 19th, 26th	October 19th

**If accommodation and transfer are booked, the program starts the previous Sunday and finishes the Saturday after classes finish.*

OPTIONAL INCLUSIONS

- Accommodation:
 - **Homestay** single or double room with half board
 - **Hotel room** with breakfast included: Double bed for Single or Double occupancy (double bed only available for students travelling together)
 - **Single Studio** for 1 to 3 pax (Self-catering, Private Bathroom)
- Transfer services : SJO, LIR & Nosara Airports & San José Centro pick-up and/or drop-off
- Optional inclusions: 1 day trip excursions on weekends, surf lessons, private yoga instruction
 - 1 day trip excursion - **(with a minimum of 4 participants*)**: Day trips to explore beyond the destination and discover local attractions with fellow students.
 - If the minimum number of participants is not reached, the price will be reviewed, or alternative options will be offered.
 - In case of very small groups (such as only 2 participants), we can offer the option to join other available excursions.

Examples of weekend day trips (reserved on spot):

- **Coffee Tour**: This tour gives you the opportunity to learn the process from the plant to your cup and taste test to your pleasure. Explore Costa Rica's rich coffee culture with an unforgettable coffee tour in the lush Hojancha region of the Nicoya Peninsula, Guanacaste. Highlights include: Visit a Coffee Plantation, Sustainable Practices, Hands-On Experience, Tasting and Pairing, Cultural Connection.
- **Pottery and Culture Tour**: Enjoy a cultural experience, learn about Guaitil pottery by the Chorotega indigenous people, and visit the oldest church in Costa Rica. Guaitil, a charming village in Guanacaste, is renowned for its traditional pottery and rich

heritage. It is a must-visit destination for those interested in Costa Rica's indigenous crafts and history. The art of pottery has been passed down through generations, preserving techniques and designs inspired by the Chorotega, one of the oldest indigenous groups. Highlights include: Traditional Techniques and Designs, Functional and Decorative Pottery, Pottery Workshops, Artisan Shops, Cultural Immersion.

TENTATIVE SCHEDULE*

Week 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
AM	Welcome Tour	Dancing class Salsa	Free time	Yoga class	End of week toast	Optional Excursion	FREE DAY
PM	SPANISH CLASSES					Coffee Tour	

Week 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
AM	Welcome Tour & Hike	Dancing class Merengue	Free time	Yoga class	End of week toast	Optional Excursion	FREE DAY
PM	SPANISH CLASSES					Dolphin Watching	

Week 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
AM	Welcome Tour & Hike	Dancing class Bachata	Free time	Yoga class	End of week toast	Optional Excursion	FREE DAY
PM	SPANISH CLASSES					Guaitil Pottery & Culture Tour	

***Yoga Course** will happen in the morning + all general activities. Yoga classes will be Monday to Friday from 8:30 to 9:45 a.m. (all classes are 75 minutes long)

***Surf Course** will happen in the morning + all general activities. Surf lessons last 1,5 hours, but start times vary according to the tides.