

**ATLAS**  
**LANGUAGE**  
**SCHOOL**

ERASMUS+ TEACHER TRAINING

# ERASMUS+ PROGRAMMES - INTRODUCTION

We are committed to developing and delivering engaging and motivating courses that help you upgrade your language and skills in a vibrant, diverse learning environment. We'd love you to join us on one of our core Erasmus+ training programmes in 2024.

## Inside and outside the classroom Atlas offers:

- an experienced team of teacher trainers who are committed to helping you gain practical strategies and skills to improve your own teaching practice.
- workshops with discussion topics that allow participants to reflect, share ideas and more confidently design and deliver your own active learning experiences
- a range of activity types that focus on developing the language and skills to improve your own fluency when communicating in English.
- a variety of Irish life and culture sessions that encourage you to scratch below the surface and explore what makes modern Ireland tick
- an engaging social programme linked to the classroom sessions that allows participants to extend your learning in a friendly, informal way beyond the classroom.



**GARY TENNANT**  
**HEAD OF ACADEMICS**

For over ten years, Atlas Language School has been dedicated to designing and organising exceptional courses and training programmes for teachers and educational institutions. Beginning with a group of teachers from Slovenia in 2011 on a Comenius project, we have continuously developed these programmes to become a leading provider of Erasmus+ teacher development courses.

With our team of Masters and DELTA-qualified, experienced and expert teacher trainers with a wealth of ideas to share, we offer a variety of engaging and impactful Erasmus+ teacher development courses for primary and secondary school teachers, and for academics and professionals working in Higher Education. Whether you prefer to participate as part of a group or on an individual basis, we have the perfect course for you.



**Organisation: Atlas Language School**  
**Organisation ID: E10128627**  
**PIC: 943679051**  
**Registration number: 373677**

## FEATURES OF OUR ERASMUS+ PROGRAMMES



An expert team of DELTA-qualified, experienced and motivated ELT teacher trainers.



Vast selection of Teacher Training Courses which are eligible to be 100% funded by the Erasmus plus key action 1 (KA1 learning mobility of individuals).



Courses designed for practising primary and secondary teachers as well as other school, university and adult education staff.



Courses designed in tandem with participants to ensure your chosen course meets the development objectives of the individual participants and your Erasmus+ project.



Our courses foster networking and collaboration, allowing you to exchange ideas, share best practices, and build lasting connections within the global education community.



A range of afternoon activities where participants will be encouraged to develop language skills in a more informal environment outside the classroom.



Accommodation options, from half-board homestay to self-catering and half-board residential accommodation.



## WHAT IS ERASMUS+?

Erasmus+ is the EU's programme supporting education, training, youth, and sport in Europe through funded opportunities for courses, exchanges, and projects. Education staff from all sectors can apply for grants under Erasmus+ Key Action 1.

Are you interested in applying by yourself, or on behalf of your school? Check [here](#) general overview of how to take part!



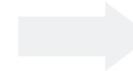
## WHO CAN PARTICIPATE?

- 1 Primary, Secondary, and Adult Education staff** can enhance English language and teaching skills.
- 2 Third Level academics, teachers, and researchers** can benefit from Staff Mobility grants for English courses and academic development.
- 3 Third Level administrative staff** are also eligible for Staff Mobility grants focusing on English language communication and business skills.

## HOW TO APPLY?

To participate in an Erasmus+ course, you must apply through an organisation, such as your university, school, or training centre. Check if your organisation is involved in an Erasmus+ project or applying for a project grant. If your organisation has an International Office or an Erasmus+ Coordinator, they will assist you with the necessary information and guide you through the application process.

## WHAT IS THE REGISTRATION PROCESS WITH ATLAS?



### Registration Form

To attend a course at Atlas Language School, as a first step you will need to fill out the Registration Form providing your personal details, course dates and accommodation preferences..

### Enrolment Letter

After we receive the registration form, we will provide you with a **Enrolment Letter** and **Invoice\*** which you can submit with your funding application.

### Mobility Agreement

When you apply for funding for an Erasmus+ course, your institution will ask you to co-sign a **Mobility Agreement** which we will help you to fill out.

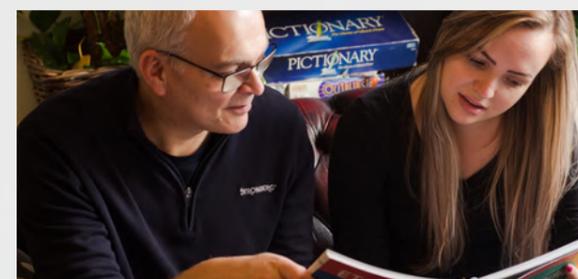
\*By registering with us, you are making a provisional booking, but no payment will be required until your funding has been approved. Payment is expected, at the latest, 30 days before your course start date.

# CHOOSE YOUR COURSE



## Language, Methodology & Culture

This course is for school teachers who want to refresh and upgrade their teaching practice, while also upgrading their language skills and gaining a better understanding of contemporary Irish life and culture.



## CLIL

Our Content and Language Integrated Learning (CLIL) course is for primary and secondary school teachers who have little or no CLIL experience, but who want to know more and are aiming to teach subjects such as history, economics or science through English in the future.



## Digital Transitions

This course is for teachers who want to get up to speed and stay ahead of the latest technology trends in education. You will be looking to gain a better understanding of active digital citizenship and digital literacy and be keen to learn how to incorporate these ideas into your teaching.



## Sustainability and the Environment in Education

This course is for school teachers who want to refresh and upgrade their teaching practice in order to better integrate student thinking about sustainability and the environment into classroom practice.



## English for Higher Education Professionals

This course for academics and university administrators who need English to interact effectively with students and colleagues. It helps participants express themselves more confidently in English in international HE settings.



## General English Training

The General English Fluency course is a language and skills programme that helps teachers and language students upgrade their level of English for everyday social and workplace communication.

# Language, Methodology and Culture

## Who is this course for?

This course is for primary and secondary school teachers who want to upgrade their language skills while gaining a better understanding of Irish life and culture. Participants must have at least an upper-intermediate (B2) level of English.

## Format

This LMC Erasmus+ course can be organised as either a one-week or two-week course consisting of 20 classroom contact hours per week, plus an extensive cultural and social programme which is directly linked to the classroom sessions.

- 20 lessons of group tuition / week
- 1 lesson = 50 minutes
- Duration: 1 week or 2 weeks
- Level: Upper-intermediate (B2)
- Course Location: Dublin

## Follow up

Participants on the course are encouraged to keep in contact, sharing materials and experiences when back in their own classrooms. Feedback is collected three months after course completion on the effectiveness of presented activities and how teaching practices have progressed.

## COURSE AIMS

By attending this Language, Methodology and Culture course you will:

- 1 Gain awareness of new ideas and recent pedagogical developments in teaching.**
- 2 Design and deliver better active learning experiences & develop your own English language skills.**
- 3 Gain awareness of Irish literature, culture and society through topical, interactive lessons.**
- 4 Establish contacts with teachers from a variety of education systems to facilitate future networking.**

## METHODOLOGY

This is a practical course which uses real teaching and learning examples. Teachers completing the course will return home with immediate, practical ideas to implement in their own teaching practice.

- Participants are expected to actively participate in the workshops, reflecting on their own beliefs and practice, and sharing thoughts, ideas and expertise in pair work, small groups and with the class as a whole.
- During the course participants will also take part in a range of afternoon activities where they will be encouraged to develop their language skills in a more informal environment outside the classroom and further enhance their knowledge of contemporary Ireland.

## COURSE PROGRAMME

The Language, Methodology and Culture course has two main components:

- 1 Teaching Methodology (innovative methods to enhance teaching and learning)**
- 2 Irish Life and Culture (including focus on language development)**

## SAMPLE TIMETABLE LANGUAGE, METHODOLOGY AND CULTURE

Week One (Sample)	Session One	Session Two	Activity
Monday	Course Orientation.Expanding Vocabulary: Ideas for Teaching and Learning Collocation / Irish Expressions	Dublin's Parks, Squares and Public Spaces	Orientation tour of the city
Tuesday	Alternative Approaches to Lesson Design: Task-Based Language Teaching and Dogme	Ireland - Brexit, The Border and a Border Poll	Visit to Trinity College Dublin and The Book of Kells
Wednesday	Teaching Pronunciation: Models and Goals	Literature and Poetry in the Classroom - Yeats, Easter 1916 / Patrick Kavanagh, Canal Bank	Walk and Talk Tour - Local History
Thursday	Storytelling in the Classroom / Oscar Wilde	Changing Ireland: Women in Irish Society	Visit to MoLi - Museum of Literature Ireland
Friday	Experimenting with Artificial Intelligence - AI for Educators	Reflection on learning. Developing your Personal Learning Network (PLN) Looking ahead. End of course Irish Coffee.	Free afternoon(Option: join our Film and Fluency Club)
Saturday	Full day excursion to Howth		

Week Two (Sample)	Session One	Session Two	Activity
Monday	Course Orientation.Expanding Vocabulary: Making the most of graded readers and attacking a text.	The Irish Famine / Ireland and Identity	Orientation Tour around Dublin (or Free Afternoon)
Tuesday	Teaching Grammar and Making the most of Course Books - Evaluating the Course and Teacher's Resource Books we Use	The Wild Atlantic Way	Visit to Kilmainham Gaol
Wednesday	Teaching Sustainability - Giving Materials that Sustainability Twist	Sustainable Cities - Dublin and Gentrification	The Liberties Walk and Talk Tour with teacher
Thursday	Error Correction and Upgrading Language	Working with Songs and Music - Irish Music (Traditional and Contemporary)	Visit to the National Gallery
Friday	Working with Video and Images	Reflection on learning. Developing your Personal Learning Network (PLN) Looking ahead. End of course Irish Coffee.	Free afternoon(Option: join our Film and Fluency Club)
Saturday	Full day excursion to Kilkenny		

\*The cited afternoon excursion programme is indicative of the trips we plan and organise, and are subject to change according to the pre-course needs analysis and availability.

# Sustainability and The Environment in Education

## Who is this course for?

This course is for teachers who want to gain a better understanding of sustainability and how to better integrate student thinking about sustainability and the environment into your teaching. You will also be keen to upgrade your own English language skills and gain a better understanding of Irish life and culture. Participants must have at least an upper-intermediate (B2) level of English.

## Format

This Sustainability and the Environment in Education course can be organised as either a one-week or two-week course and consists of 20 classroom-based sessions per week, plus an extensive cultural and social programme led by your teacher trainers.

- 20 lessons of group tuition / week
- 1 lesson = 50 minutes
- Duration: 1 week or 2 weeks
- Level: Intermediate (B1+)
- Course Location: Dublin, Malta

## Follow up

Participants on the course are encouraged to keep in contact, sharing materials and experiences when back in their own classrooms. Follow-up contact is made with the participants three months after completion of the course to gather feedback on the effectiveness of the classroom activities presented and on how your teaching practice has been developed.

## COURSE AIMS

By attending this Sustainability and the Environment in Education course you will:

- 1 Develop awareness of the UN's 2030 Agenda for Sustainable Development and its 17 Sustainable Development Goals.**
- 2 Design and deliver better active learning experiences in the area of sustainability and the environment through a critical engagement with new ideas and recent pedagogical developments in English language teaching**
- 3 Develop your own English language skills and gain awareness of Irish culture and society through topical, interactive lessons.**
- 4 Establish contacts with teachers from a variety of education systems to facilitate future networking.**

## METHODOLOGY

This is a practical course which uses real teaching and learning examples. Teachers completing the course will return home with immediate, practical ideas to implement in their own teaching practice.

- Participants are expected to actively participate in the workshops, reflecting on their own beliefs and practice, and sharing thoughts, ideas and expertise in pair work, small groups and with the class as a whole. Critical thinking and active peer and self-evaluation are essential for the course.
- During the course participants will also take part in a range of afternoon activities where they will be encouraged to develop their language skills in a more informal environment outside the classroom and further enhance their knowledge of contemporary Ireland.

## COURSE PROGRAMME

- 1 Sustainability and the Environment based language classes**
- 2 Teaching Methodology (innovative methods to enhance teaching and learning)**
- 3 Irish Life and Culture (including focus on language development)**

## SAMPLE TIMETABLE SUSTAINABILITY AND ENVIRONMENT IN EDUCATION

Week One (Sample)	Session One	Session Two	Activity
Monday	Course Orientation. Introduction to Sustainability in Education Introduction to the UN's 2030 Agenda for Sustainable Development, its 17 Sustainable Development Goals	Dublin's Parks, Squares and Public Spaces	Orientation tour around the city
Tuesday	Alternative Approaches to Lesson Design: Project-Based Learning	SDG Practical Modules used for Teens - Giving Materials that Sustainability Twist	Trinity College and the Book of Kells
Wednesday	Smart Cities (A Lesson Jam) - How can technology make city-life more eco-friendly and sustainable?	Sustainable Cities - Dublin and Gentrification	The Liberties Walk and Talk Tour with teacher
Thursday	English as a Lingua Franca & Teaching Pronunciation: Models and Goals	Ireland - Brexit, The Border and a Border Poll	Visit to Kilmainham Gaol
Friday	Adventure & Slow Tourism – What's the impact of tourism on cities? How can we plan more sustainable holidays? The Wild Atlantic Way	Reflection on learning. Developing your Personal Learning Network (PLN) Looking ahead. End of course Irish Coffee.	Free afternoon (Option: join our Film and Fluency Club)
Saturday	Full day excursion to Howth		

Week Two (Sample)	Session One	Session Two	Activity
Monday	Course Orientation. Sustainability in the ELT Classroom - Questioning and Critical Thinking	The Irish Famine / Ireland - Language and Identity	Orientation Tour around Dublin (or Free Afternoon)
Tuesday	Whole-School Sustainability - Atlas: A Case Study	Fast Clothing (A Lesson Jam) - Where does my stuff come from? What's the cost to the planet?	Visit to the Rediscovery Centre
Wednesday	Sustainability in Irish Schools - Question & Answer Session with an Irish Secondary School Teacher	Changing Ireland - Women in Irish Society	Literary Walk and Talk Tour with teacher
Thursday	Climate Delay & Greenwashing	Working with Songs and Music - Irish Music (Traditional and Contemporary)	Visit to the National Gallery
Friday	Expanding Vocabulary: Making the most of graded readers and attacking a text.	Reflection on learning. Developing your Personal Learning Network (PLN) Looking ahead. End of course Irish Coffee.	Free afternoon Option: join our Film and Fluency Club)
Saturday	Full day excursion to Kilkenny		

\*The cited afternoon excursion programme is indicative of the trips we plan and organise, and are subject to change according to the pre-course needs analysis and availability.

# English for Higher Education Professionals

## SAMPLE TIMETABLE ENGLISH FOR HIGHER EDUCATION PROFESSIONALS

### Who is this course for?

The English for Higher Education Professionals (HEP) course is an intensive professional training course for academics and administrators working in Higher Education Institutions who need English to regularly interact effectively with students and colleagues.

### Format

This English for HE Professionals course can be organised as either a one-week or two-week course and consists of 20 classroom-based sessions per week, plus an extensive cultural and social programme led by your trainers.

- 20 lessons of group tuition / week
- 1 lesson = 50 minutes
- Course Duration: 1 week or 2 weeks
- Level: Upper-intermediate (B2)
- Course Location: Dublin

### Follow up

Participants on the course are encouraged to keep in contact, sharing materials and experiences when back in your own classrooms. Follow-up contact is made with the participants three months after completion of the course to gather feedback on the effectiveness of the classroom activities presented and on how your teaching practice has been developed. The course trainers are available for follow-up advice and support at all times.

### COURSE AIMS

- 1 **Manage communications and participate in meetings with students more effectively.**
- 2 **Be able to better decode and respond to oral and written messages (cross-cultural communication).**
- 3 **Demonstrate increased control and flexibility over a range of grammatical structures and functions to communicate ideas for a range of academic purposes.**
- 4 **Gain awareness of Irish culture and society through topical, interactive lessons.**
- 5 **Establish contacts with teachers from a variety of education systems to facilitate future networking.**

### METHODOLOGY

This is a practical course which uses real teaching and learning tasks. Teachers completing the course will return home with immediate, practical ideas to implement in their own work and / or teaching practice.

- Participants are expected to actively participate in the workshops, reflecting on their own beliefs and practice, and sharing thoughts, ideas and expertise in pair work, small groups and with the class as a whole.
- During the course participants will also take part in a range of afternoon activities where they will be encouraged to develop their language skills in a more informal environment outside the classroom and further enhance their knowledge of contemporary Ireland.

### COURSE PROGRAMME

The English for Higher Education Professionals course has three main components:

- 1 **Communicating in International Contexts**
- 2 **Language Skills for Higher Education Academics & Administrators)**
- 3 **Irish Life and Culture (including focus on language development)**

Week One (Sample)	Session One	Session Two	Activity
Monday	Course Orientation. Communicating Beyond Words - it's not what you say, it's how you say it. Non-verbal communication	Dublin's Parks, Squares and Public Spaces	Orientation tour of the city
Tuesday	Getting the Right Message - politeness, hedging, directness, dealing with uncertainty	The Higher Education System in Ireland	Visit to Trinity College Dublin and The Book of Kells
Wednesday	Enhanced Academic Writing Using Corpora	Ireland, the EU and Brexit, The Border and a Border Poll	Walk and Talk Tour - Local History
Thursday	Artificial Intelligence (AI) in Higher Education - What's happening, where is it going, how does it affect teachers and learners, how can we use it?	The CEFR / An introduction to IELTS - what it is and what it isn't	Visit to MoLi - Museum of Literature Ireland
Friday	Student Motivation and Wellbeing	Reflection on learning. Looking ahead. End of course feedback and Irish Coffee.	Free afternoon (Option: join our Film and Fluency Club)
Saturday	Full day excursion to Howth		

Week Two (Sample)	Session One	Session Two	Activity
Monday	Course Orientation. Intercultural Awareness	Irish Expressions	Orientation Tour around Dublin (or Free Afternoon)
Tuesday	Citing them Right and Academic Integrity	The Celtic Tiger and the Economy	Visit to Kilmainham Gaol
Wednesday	Email Writing	Sustainable Cities - Dublin and Gentrification	The Liberties Walk and Talk Tour with teacher
Thursday	Language for Client Services (Clarification, Mediation)	Irish Music (Traditional and Contemporary)	Visit to the National Gallery
Friday	English as a Lingua Franca: Pronunciation Models and Goals	Reflection on learning. Looking ahead. End of course feedback and Irish Coffee.	Free afternoon (Option: join our Film and Fluency Club)
Saturday	Full day excursion to Kilkenny		

\*The cited afternoon excursion programme is indicative of the trips we plan and organise, and are subject to change according to the pre-course needs analysis and availability.

# CLIL - Content Language and Integrated Learning

## Who is this course for?

The CLIL (Content and Language Integrated Learning) is an intensive professional training course for primary and secondary school teachers who have little or no CLIL experience, but who want to know more and are aiming to teach subjects such as history, economics or science through English in the future.

## Format

This CLIL course can be organised as either a one-week or two-week course and consists of 20 classroom-based sessions per week, plus an extensive cultural and social programme led by your teacher trainers.

- 20 lessons of group tuition / week
- 1 lesson = 50 minutes
- Course Duration: 1 week or 2 weeks
- Level: Upper-intermediate (B2)
- Course Location: Dublin

## Follow up

Participants on the course are encouraged to keep in contact, sharing materials and experiences when back in your own classrooms. Follow-up contact is made with the participants three months after completion of the course to gather feedback on the effectiveness of the classroom activities presented and on how your teaching practice has been developed. The course trainers are available for follow-up advice and support at all times.

## COURSE AIMS

By attending this CLIL course you will:

- 1 **Explore techniques for scaffolding language and content**
- 2 **Gain a better understanding of how to plan lessons with language in mind**
- 3 **Become more efficient and more competent in designing CLIL teaching materials and be more confident in delivering CLIL lessons**
- 4 **Develop your own English language skills.**
- 5 **Gain awareness of Irish culture and society through topical, interactive lessons.**
- 6 **Establish contacts with teachers from a variety of education systems to facilitate future networking.**

## METHODOLOGY

This is a practical course which uses real teaching and learning examples. Teachers completing the course will return home with immediate, practical ideas to implement in their own teaching practice.

- Participants are expected to actively participate in the workshops, reflecting on their own beliefs and practice, and sharing thoughts, ideas and expertise in pair work, small groups and with the class as a whole.
- During the course participants will also take part in a range of afternoon activities where they will be encouraged to develop their language skills in a more informal environment outside the classroom and further enhance their knowledge of contemporary Ireland.

## COURSE PROGRAMME

- 1 **Strategies and techniques for planning and teaching successful CLIL lessons**
- 2 **Irish Life and Culture (including a focus on language development)**

## SAMPLE TIMETABLE CLIL

Week One (Sample)	Session One	Session Two	Activity
Monday	Course Orientation. CLIL Fundamentals: Learning Principles, Teachers' Roles, European Dimension.	Dublin's Parks, Squares and Public Spaces	Orientation Tour around Dublin
Tuesday	Lesson Frameworks and Planning for CLIL	Analysing a CLIL Lesson and Sharing Effective Teaching Practices 1: What Makes the Sun Shine - the Nature and Composition of the Sun	Trinity College and the Book of Kells
Wednesday	Guiding Input: Adapting and Exploiting Texts	Ireland - Brexit, The Border and a Border Poll	The Liberties Walk and Talk Tour with teacher
Thursday	Teaching and Dealing with Vocabulary in the CLIL Classroom	Changing Ireland: Women in Irish Society	Visit to Kilmainham Gaol
Friday	Creating Visual Language Resources - Using ChatGPT and Other Artificial Intelligence (AI) Tools to Support Learning.	Reflection on learning. Developing your Personal Learning Network (PLN) Looking ahead. End of course Irish Coffee.	Free afternoon (Option: join our Film and Fluency Club)
Saturday	Full day excursion to Howth		

Week Two (Sample)	Session One	Session Two	Activity
Monday	Course Orientation. Criteria for Success in CLIL	The Irish Famine / Ireland - Language and Identity	Orientation Tour around Dublin (or Free Afternoon)
Tuesday	Supporting Output: Ways to Support Speaking and Writing (Graphic Organisers in CLIL. Scaffolding tools to support learning)	Analysing a CLIL Lesson and Sharing Effective Teaching Practices 2: The Magic Money Tree - Where Does Money Come From	Guinness Storehouse
Wednesday	Designing and Evaluating Materials for CLIL	Changing Ireland - Women in Irish Society	Literary Walk and Talk Tour with teacher
Thursday	Effective Assessment in CLIL: Content or Language?	Working with Songs and Music - Irish Music (Traditional and Contemporary)	Visit to the National Gallery
Friday	Speaking and Mediation Skills: Tasks and Strategies for the CLIL Classroom <b>OR</b> Future Directions - Integrating language across the curriculum	Reflection on learning. Developing your Personal Learning Network (PLN) Looking ahead. End of course Irish Coffee.	Free afternoon (Option: join our Film and Fluency Club)
Saturday	Full day excursion to Kilkenny		

\*The cited afternoon excursion programme is indicative of the trips we plan and organise, and are subject to change according to the pre-course needs analysis and availability.

# Digital Transitions

## Who is this course for?

The Digital Transitions course is an intensive professional training course for teachers who want to get up to speed and stay ahead of the latest technology trends in education. You will be looking to gain a better understanding of active digital citizenship and digital literacy and be keen to learn how to incorporate these ideas into your teaching.

## Format

This Digital Transitions course can be organised as either a one-week or two-week course and consists of 20 classroom-based sessions per week, plus an extensive cultural and social programme led by your teacher trainers.

- 20 lessons of group tuition / week
- 1 lesson = 50 minutes
- Course Duration: 1 week or 2 weeks
- Level: Upper-intermediate (B2)
- Course Location: Dublin

## Follow up

Participants on the course are encouraged to keep in contact, sharing materials and experiences when back in your own classrooms. Follow-up contact is made with the participants three months after completion of the course to gather feedback on the effectiveness of the classroom activities presented and on how your teaching practice has been developed. The course trainers are available for follow-up advice and support at all times.

## COURSE AIMS

By attending this Digital Transitions course you will:

- 1 Gain practical strategies and skills for incorporating digital tools into your teaching**
- 2 Learn how to efficiently create engaging language resources**
- 3 Discover practical strategies for making the most of ChatGPT and other AI tools**
- 4 Develop an awareness of digital citizenship and how to promote that in your lessons**
- 5 Develop your own English language skills.**
- 6 Gain awareness of Irish culture and society through topical, interactive lessons.**
- 7 Establish contacts between teachers from a variety of education systems and facilitate future networking.**

## METHODOLOGY

This is a practical course which uses real teaching and learning examples. Teachers completing the course will return home with immediate, practical ideas to implement in their own teaching practice.

- Participants are expected to actively participate in the workshops, reflecting on their own beliefs and practice, and sharing thoughts, ideas and expertise in pair work, small groups and with the class as a whole.
- During the course participants will also take part in a range of afternoon activities where they will be encouraged to develop their language skills in a more informal environment outside the classroom and further enhance their knowledge of contemporary Ireland.

## COURSE PROGRAMME

The Digital Transitions course has two main components:

- 1 Technology Enhanced Teaching and Learning (digital tools and practical techniques to enhance teaching and learning)**
- 2 Irish Life and Culture (including focus on language development)**

## SAMPLE TIMETABLE DIGITAL TRANSITIONS

Week One (Sample)	Session One	Session Two	Activity
Monday	Course Orientation. Google Apps for Education: Exploring Google tools to enhance learning, project work, and creativity.	Dublin's Parks, Squares and Public Spaces	Orientation tour of the city
Tuesday	An Introduction to Artificial Intelligence (AI) and ChatGPT in Education - What's happening, where is it going, how does it affect teachers and learners, how can we use it?	Analysing a Digital Citizenship Lesson and Sharing Effective Teaching Practices 1: News & Media Literacy - Is it fake news? Can I trust Wikipedia?	Trinity College and the Book of Kells
Wednesday	Working with Video and Images to promote more interaction.	Sustainable Cities - Dublin and Gentrification	The Liberties Walk and Talk Tour with teacher
Thursday	Analysing a Digital Citizenship Lesson and Sharing Effective Teaching Practices 2: Using Google Translate and Google Search Effectively - How can I be a Savvy Searcher? Alternatives to Google? Can I quote it?	Ireland - Brexit, The Border and a Border Poll	Visit to Kilmainham Gaol
Friday	Making the Most of Graded Readers: An Introduction to Padlet	Reflection on learning. Developing your Digital Toolkit and your Personal Learning Network (PLN) Looking ahead. End of course Irish Coffee.	Free afternoon (Option: join our Film and Fluency Club)
Saturday	Full day excursion to Howth		

Week Two (Sample)	Session One	Session Two	Activity
Monday	Course Orientation. Expanding Vocabulary: Ideas for Teaching and Learning Collocation / Irish Expressions: An Introduction to Quizlet	The Irish Famine / Ireland and Identity	Orientation Tour around Dublin (or Free Afternoon)
Tuesday	Teaching Pronunciation: Models, Goals & Digital Tools	Analysing a Digital Citizenship Lesson and Sharing Effective Teaching Practices 3: Mind the App: Language Learning Online - What apps? How can I use YouTube effectively?	Guinness Storehouse
Wednesday	Teaching and Learning Online vs Face-to-Face: Learner Engagement and Ensuring Success	Changing Ireland - Women in Irish Society	Literary Walk and Talk Tour with teacher
Thursday	Creating Visual Language Resources with ChatGPT and Other AI Tools	Working with Songs and Music - Irish Music (Traditional and Contemporary)	Visit to the National Gallery
Friday	Analysing a Digital Citizenship Lesson and Sharing Effective Teaching Practices 4: Relationships and Communication - What do the Internet and Artificial Intelligence (AI) mean for people and the planet?	Reflection on learning. Developing your Personal Learning Network (PLN) Looking ahead. End of course Irish Coffee.	Free afternoon (Option: join our Film and Fluency Club)
Saturday	Full day excursion to Kilkenny		

\*The cited afternoon excursion programme is indicative of the trips we plan and organise, and are subject to change according to the pre-course needs analysis and availability.

# General English Training

## Who is this course for?

The General English Language Training with either 20 (GE20) or 26 lessons per week (GE26) is a language skills programme that helps learners upgrade their level of English for everyday social and professional communication. This course is for teachers, students and other education professionals who need English to interact effectively with students, colleagues and friends. Participants can have any level of English from A1 (Elementary) to C1 (Advanced) to join this course.

## Format

This Erasmus+ General English Language Training course is a year-round course and can be of any duration from 1 to 12 weeks. It consists of either 20 or 26 classroom-based sessions per week, and also includes an afternoon cultural and social programme. The GE26 course offers 5 additional hours of classes in the afternoons (small group tuition).

- 5 mornings or 5 afternoons of classes - 20 lessons of group tuition / week (GE20)

OR

- 5 mornings of classes and an additional 2 afternoons of classes, in total 26 lessons of group tuition / week. (GE26) These afternoon classes can be smaller group General English Plus lessons or teacher development workshops (for primary or secondary teachers)

## COURSE AIMS

By attending this General English Training course you will:

- 1 Improve your control and flexibility over a range of grammatical structures and functions to communicate ideas for a range of social and professional purposes.**
- 2 Communicate more effectively using appropriate pronunciation without being misunderstood or asked to repeat what I have said.**
- 3 Give a prepared presentation on a familiar topic with the main points, including such things as similarities and differences, explained with reasonable precision.**
- 4 Write straightforward connected texts on a range of familiar subjects within your field of interest.**

## METHODOLOGY

Our teaching is based on a communicative approach, which means students focus on real-life tasks, such as expressing and exchanging ideas, opinions and experiences.

Students are expected to actively participate in all pair work, small group and whole class tasks and activities. Participants should try to use new language in class, to ask questions, and to listen carefully to teacher feedback on how to say things better.

During the course participants will also take part in a range of afternoon activities where they will be encouraged to develop their language skills in a more informal environment outside the classroom and further enhance their knowledge of contemporary Ireland and the vibrant city of Dublin.

- **1 lesson = 50 minutes**
- **Course Duration: 1 week or 2 weeks**
- **Level: Elementary (A1) to Advanced (C1)**

**Each day there are two lessons:**

Lesson 1: 9.00am to 10.40am  
Lesson 2: 11.00am to 12.50pm

Lessons 1 and 2 are taught by different teachers to give the learners exposure to a variety of accents and teaching styles.

## SAMPLE TIMETABLE GENERAL ENGLISH TRAINING

Week One (Sample)	Session One	Session Two	Activity
Monday	Placement Test and Course Orientation. Review of the main language points from the previous week.	Focus on Language Skills – reading into speaking.	Orientation tour of Dublin
Tuesday	Focus on Language Systems - Grammar Point 1 & consolidation	Focus on Language Skills – Spoken Interaction	Fluency Plus Class 1 (1.30pm – 4.00pm)
Wednesday	Focus on Language Systems - Grammar Point 2 & consolidation	Focus on Language Skills – Writing (incorporating grammar points 1 & 2)	Visit to St Patrick's Cathedral and Marsh's Library
Thursday	Focus on Language Systems (Grammar, Vocabulary & Discourse)	Focus on Language Skills – Speaking Production and Interaction	Fluency Plus Class 2 (1.30pm – 4.00pm)
Friday	Weekly Review of grammar points and vocabulary. Progress Test (assessment & feedback)	Writing Review, and Progress Test / Project Presentations Class Feedback & Objectives for the following week	Film and Fluency Club (or free afternoon)
Saturday	Full day excursion to Glendalough (County Wicklow)		

Week Two (Sample)	Session One	Session Two	Activity
Monday	Review of weekend tasks and issues from the previous Friday's feedback. Review of the main language points from the previous week.	Focus on Language Skills – reading into speaking.	Free afternoon
Tuesday	Focus on Language Systems - Grammar Point 1 & consolidation	Focus on Language Skills – Speaking Production & Interaction	Fluency Plus Class 1 (1.30pm – 4.00pm)
Wednesday	Focus on Language Systems - Grammar Point 2 & consolidation	Focus on Language Skills – Writing (incorporating grammar points 1 & 2)	Visit to Kilmainham Gaol
Thursday	Focus on Language Systems - Consolidation / extension of weekly grammar points.	Focus on Language Skills – Speaking Production and Interaction	Fluency Plus Class 2 (1.30pm – 4.00pm)
	Weekly Review of grammar points and vocabulary. Presentation (assessment & feedback)	Writing Review, and Progress Test / Project Presentations Class Feedback & Objectives for the following week	Film and Fluency Club End of course feedback and certificate
	Full day excursion to Howth		

\*The cited afternoon excursion programme is indicative of the trips we plan and organise, and are subject to change according to the pre-course needs analysis and availability.

# Unforgettable Afternoon Social Activities as part of the Programme!

**At Atlas Language School, we understand that learning is not confined to the classroom. As part of the Erasmus+ programme, we offer a range of engaging social activities in the afternoon, providing you with the opportunity to immerse yourself in Irish culture, explore breathtaking landscapes, and create lifelong memories with your fellow Erasmus+ participants.**

## Walk & Talk Tours with Teachers

Immerse yourself in Dublin's vibrant, historic streets with our Walk & Talk Tours led by knowledgeable teachers. This is experiential learning at its best. Engage in meaningful conversations while exploring landmarks and hidden gems, practising language skills, and deepening your understanding of Irish culture. Forge lasting connections with teachers and peers in this interactive experience.



## Irish Coffee Workshops

Delight your taste buds and embrace the Irish tradition with our captivating Irish Coffee Workshops. Learn the art of preparing this iconic beverage under the guidance of our experienced instructors. Discover the perfect balance of whiskey, coffee, sugar, and cream, and savour the flavours while engaging in lively conversations with fellow Erasmus+ participants.

## Weekend Excursion: Explore Scenic Hiking Trails or Historic Cities!

Elevate your weekends with our exciting excursions. Discover the breathtaking beauty of scenic hiking trails across Ireland or immerse yourself in the history and charm of our vibrant cities.



## Book of Kells

Embark on a captivating journey through Ireland's artistic treasures at the National Gallery. Explore a diverse range of masterpieces, from classical to contemporary works, and discover the stories behind each brushstroke. Immerse yourself in the world of renowned artists and gain a deeper understanding of Ireland's artistic heritage.



## Dublin Castle

Uncover the historical significance of Dublin Castle, which has witnessed centuries of Irish history. Explore its impressive architecture, stroll through the beautifully landscaped gardens, and delve into the exhibitions that shed light on the castle's past.



## Rediscovery Centre

Rediscover a greener, low-carbon lifestyle at the Rediscovery Centre in Ireland, National Centre for the Circular Economy—a creative hub that connects you with people, ideas, and resources.



## National Gallery

Step back in time with a visit to the Book of Kells, a stunning illuminated manuscript dating back to the 9th century. Located at Trinity College Dublin, this ancient treasure showcases intricate illustrations and meticulous calligraphy. Immerse yourself in the history and symbolism of this extraordinary work, and witness the mastery of ancient Irish craftsmanship.

# ACCOMMODATION DUBLIN



## HOMESTAY

Ireland has always been famed for its hospitality and staying with a host family is one of the best ways to experience this first-hand. Many students find staying with an Irish family a very rewarding experience as it offers them a unique insight into Irish culture and provides the perfect opportunity to improve their English by practising it in a natural everyday context. Over the years we have built up strong relationships with a number of local families who host our students during their time in Ireland.



Local families chosen for their experience and friendliness



Personally interviewed and vetted by our accommodation team



Single and twin room options with study facilities



Half - board (breakfast and dinner included)

Check-in: Saturday or Sunday

Check-out: Saturday or Sunday

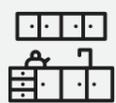


## ATLAS RESIDENCE - TERENCE

Ideally located on a quiet road beside a small gated park, Terenure Park is just a short bus ride or a 35-minute walk from the school. This stunning Georgian period house has five bright and spacious rooms over 3 floors, modern kitchen facilities and a large garden outside to enjoy the fresh air. There is also wifi throughout the house.



Single and twin room options with study facilities



Fully equipped kitchen with spacious dining room



Spacious social area



Large garden outside

Check-in: Sunday after 02:00 PM

Check-out: Sunday before 10:00 AM



## ATLAS RESIDENCE - RATHMINES

Our new residence is located in Rathmines, Dublin 6 - one of the best areas in the city with a range of great bars, cafes and restaurants. Set back from the main street on beautiful grounds with lots of green, open space, this is a secure, peaceful and convenient accommodation option in the heart of Dublin. This facility has on-site security with controlled access, as well as secure access to each building and each student room.

Students are accommodated in single or twin rooms with shared bathrooms facilities. Other facilities include recreation areas, study rooms and tennis courts. Breakfast and dinner is served 7 days a week in the Residence restaurant. Linen and towels are provided and changed every second week. Wifi is available through the whole residence. This 12-acre site is an oasis of calm that provides plenty of recreational space in one of the most popular areas of Dublin city.



Recreation areas including tennis court



Social & Study areas across the building



Single and twin room options with shared bathroom facilities



Half - board (breakfast and dinner included)

Check-in: Sunday after 02:00 PM

Check-out: Sunday before 10:00 AM

# ERASMUS+ PRICE LIST 2023/2024 (IN €)

COURSE	COURSE DETAILS	1 WEEK	2 WEEKS
Language, Methodology & Culture / Sustainability & Environment in education / CLIL / Digital Transitions / Higher Education Professionals	20 group tuition lessons	450	890
General English Fluency Training PLUS (GE26)	20 group tuition lessons + 6 individual lessons (GE/TOEIC/IELTS/Cambridge Exam Prep.) + 4 elective lessons (optional)	450	890

## INCLUDED IN PACKAGE PRICE:



Course - 20 or 26 group tuition lessons / week



Registration fees and course materials



Social programme activities



Course certificate upon completion

## ACCOMMODATION FEES DUBLIN

HOMESTAY	Price per week
Single room half board (breakfast and dinner)	285
Single room half board (self-catering)	260
Extra night in homestay	40/night
Summer supplement (Jun 20th - Sept 9th)	40
Supplement for specific food requirements (e.g. vegan, gluten free, lactose free etc.)	35
Supplement for ensuite or private bathroom (*subject to availability)	80

RESIDENCE	Price per week
<b>Atlas Rathmines Single</b> Half board (breakfast and dinner)	395
<b>Atlas Rathmines Twin</b> Half board (breakfast and dinner)	295
<b>Terenure Park Single</b> Self-catering	395
<b>Terenure Park Twin</b> Self-catering	295
<b>Summer supplement</b> (Jun 20th - Sept 9th)	40

ADDITIONAL FEES	
Accommodation placement (homestay and residence)	70
Airport transfer (one way)	40
Medical insurance	10/week



# ERASMUS+ DATES 2024

COURSE	MARCH/APRIL	JULY	AUGUST/SEPTEMBER	OCTOBER/NOVEMBER	DECEMBER
General English Training	ALL YEAR ROUND	ALL YEAR ROUND	ALL YEAR ROUND	ALL YEAR ROUND	ALL YEAR ROUND
Language, Methodology & Culture	11th March 18th March 25th March 1st April	1st July 8th July 15th July 22nd July 29th July	5th August 12th August 19th August 26th August 2nd September	21st October 28th October	9th December 16th December
Sustainability and the Environment in Education	25th March 1st April	1st July 8th July 15th July 22nd July 29th July	5th August 12th August 19th August	21st October 28th October	9th December 16th December
English for Higher Education Professionals	11th March 18th March 25th March 1st April	1st July 8th July 29th July	5th August		9th December 16th December
Digital Transitions	25th March 1st April	15th July 22nd July	12th August 19th August	21st October 28th October	9th December 16th December
CLIL - Content Language and Integrated Learning	25th March 1st April	1st July 8th July 15th July 22nd July 29th July	5th August 12th August 19th August	21st October 28th October	9th December 16th December

- Participants can join all two-week courses on any Monday for 1 or the full 2 weeks
- Course dates are from Monday to Saturday. There is a scheduled full-day excursion on Saturdays.
- If a course starts on or includes a Bank Holiday or school closure day, that day will be a full-day excursion.

# TESTIMONIALS



I had the amazing opportunity to take part in a General English course Erasmus + at Atlas Language School in Dublin. This immersive language program offered me valuable knowledge and skills to enhance my English proficiency. The teachers at the school were dedicated and knowledgeable, creating an environment conducive to learning. One of the highlights of my stay in Dublin was the opportunity to engage with a diverse group of students from different countries. Through group activities and discussions I improved my language skills and I gained a deeper appreciation for various cultures.

**Kristian Bodnar, Poland,  
General English Training, Jun 2023**

Well, we really enjoyed everything! We appreciate the small things here : the cleanliness, the posters and notice boards in the classrooms... It can seem irrelevant, but it makes the learning process much more enjoyable. The course was fantastic and the staff were always very helpful and kind. Besides that, we enjoyed all the activities organised by the school. The pubs, the museums, the trip to Bray as well. We are now looking forward to the trip to Kilkenny!

Overall, we had great discussions throughout the classes and it was very enriching. Moreover, we focused on pronunciation, which was great because we usually don't take much time for it.

**Hana and Lenka, Czech Republic,  
Language Methodology and Culture, Aug 2023**

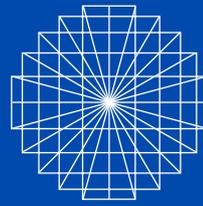


We really like the course and the international environment at Atlas, especially in the class. I was scared that there could be too many Germans in the school, but one of the things I enjoyed the most was the fact that there were many students coming from different countries. We had a lot of Italian, Spanish, German, Polish, and Hungarian students in our class! We also really appreciated the friendly environment at Atlas.

Our favorite thing about the course was definitely the content. We also have to teach civics in Italy, and the UN 2030 agenda with sustainability and environment-related contents is part of what we teach. I also liked the fact that the course wasn't all the time focused on sustainability but also on Language and Methodology, which I benefited a lot from since I am an English teacher.

**Valentina and Götz, Italy/Germany,  
Sustainability and the Environment in Education, Aug 2023**





**ATLAS**  
LANGUAGE  
SCHOOL

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