



# **ERASMUS+ BROCHURE 2024**

Erasmus+ Organisation ID Number:  
**E10195409**

# Our Erasmus+ Programmes

## Courses

Programme Date Chart

Erasmus+ Explained

Teacher Refresher Course

Teacher Refresher Course - CLIL

General English + Irish Culture Course

## More Useful Information

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E-Learning Platform

CEC Participant Pathway

Cork City Map

Contact Details



Erasmus+

Organisation ID Number: **E10195409**



# Erasmus+ Programme

## Date Chart 2024

COURSE	MAR	APR	JUL	AUG
Teacher Refresher	4th - 8th		1st - 5th 15th - 19th*	5th - 9th 12th - 16th*
CLIL Course	4th - 8th		1st - 5th 8th - 12th* 15th - 19th 22nd - 26th*	5th - 9th 12th - 16th* 19th - 23rd 26th - 30th*
General English + Irish Culture	4th - 8th 11th - 15th	1st - 5th 15th - 19th	1st - 5th 8th - 12th 15th - 19th 22nd - 26th	5th - 9th 12th - 16th

*\*First course week must be booked in order to participate in week 2.*

**More dates for 2024 to follow.**  
**Visit [www.corkenglishcollege.com](http://www.corkenglishcollege.com)**

# Erasmus+ Explained

## What is Erasmus+

**Erasmus+** is the European Union's programme to support education, training & upskilling by providing fully funded opportunities to participate in international exchanges & programmes. Academic, teaching & admin staff from a range of education sectors, particularly higher education, are eligible to avail of **staff mobility** grants to take part in short-term further training courses as the courses offered in **Cork English College**.

## How does the funding work?

**Funding** for any Erasmus+ course can be received by applying through your academic or higher education institution for a grant. As the receiving institution, **Cork English College** can provide or complete the necessary documents such as the Staff Mobility for Training invitation, Europass, and Certificate of Participation.

## How do I apply?

**Applying** for an Erasmus+ Staff Mobility grant can be a straightforward and certainly worthwhile process. If you wish to apply for an Erasmus+ grant, the first step is to contact your institution's **International Office or Erasmus+ Coordinator** for more information. Alternatively, you can contact your country's **National Agency** for advice & assistance.

## What are the benefits to Erasmus+?

**Erasmus+ Staff Mobility** offers participants a range of opportunities to develop both professionally & personally:

- Expand your professional skills in English language, interpersonal communication, instructive skills & much more.
- Undertake further professional development in a new environment.
- Engage in knowledge sharing with participants from other countries & cultures.
- Enjoy a new cultural experience.
- Network & grow relationships with similar professionals from all over Europe & beyond.

## What is the Organisation ID Number?

**The OID** is the code unique to each Erasmus+ approved institution. The OID is required to take part in and avail of any Erasmus+ Staff Mobility Programme & funding. The OID for Cork English College is: **E10195409**

## What is included in your Erasmus+ Programmes?

**Our Erasmus+ Programmes** consist of 1 or 2-week courses based on 25 lessons across the week. Each programmes tuition fees are inclusive of the classes, activities/excursions, materials & registration fee. Accommodation & any necessary transfers are additional.

## Useful Websites.

The following are **websites** that will be of use in helping you make the most of your **Erasmus+ experience**.

- **Imotion**
- **Erasmus+ National Agencies**
- **European School Education Gateway - ESEP**
- **Electronic Platform for Adult Learning in Europe - EPALE**



## TEACHER REFRESHER COURSE – TR111 PSA

### Course Aim

A course for English language teachers aimed at providing practical training in the most up to date teaching techniques and improving participants language skills.

### Course Description

The course offers practical training in teaching techniques while also helping participants to improve their own language skills. Participants explore a wide range of topics including teaching methodology, exploiting and adapting materials, the increased role of technology in the language classroom, classroom management and approaches and activities for teaching all language areas and skills. Classes on Irish history, culture and the Irish educational system in addition to a full social and activity programme also form part of this intensive and dynamic course.



# Erasmus+

Organisation ID Number: **E10195409**

<b>Dates</b>	See Date Chart
<b>Age Groups</b>	20+
<b>Accommodation</b>	Host Family / Shared Apartment / Residence / Hotel / B & B / Hostel
<b>Course Price</b>	€450 per week
<b>Participants</b>	15
<b>Duration</b>	1 or 2 weeks
<b>Levels</b>	

B2 B2+ C1 C1+ C2

### This programme includes

- 25 lessons per week
- Use of all pedagogical material
- Maximum of 15 students per class
- Certificate at the end of the course
- Evening Social Programme
- Access to the CEC E-Learning platform
- CEC Welcome Pack, Map, and CEC Notepad

### Sample Timetable – 25 Lessons

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
08:40	Induction & Needs Analysis: warmers and icebreaking activities	Language Clinic: narrative tenses	Language Clinic: future forms	Language Clinic: perfect tenses	Language Clinic: modal verbs
			<b>Coffee Break</b>		
	Teacher Training: module 1 - listening	Teacher Training: module 2 - reading	Teacher Observation & Feedback Session	Teacher Training: module 3 - error correction	Teacher Training: module 4 - technology in the language classroom
			<b>Lunch Break</b>		
16:00	E-Learning Platform Workshop	Supplementary Materials – use and adaptation	Irish Educational System	Games and Activities	Guest educational lecture and Q&A session



## TEACHER REFRESHER COURSE CLIL – TR111-CLIL

### Course Aim

A course for English language teachers aimed at providing practical training in the most up to date teaching techniques and improving participants language skills.

### Course Description

Participants will gain an understanding of how to combine language and subject teaching within a workable lesson framework and also explore a wide variety of practical tasks and activities that can be put to immediate use in the classroom. Participants will also have the opportunity to experience CLIL for themselves through the use of CEC's E-Learning platform which gives training in web skills through the use of English, neatly combining subject and language acquisition.



# Erasmus+

Organisation ID Number: **E10195409**

<b>Dates</b>	See Date Chart
<b>Age Groups</b>	20+
<b>Accommodation</b>	Host Family / Shared Apartment / Residence / Hotel / B & B / Hostel
<b>Course Price</b>	€450 per week
<b>Participants</b>	15
<b>Duration</b>	1 or 2 weeks*

\*First course week must be booked in order to participate in week 2.

### Levels

B2 B2+ C1 C1+ C2

### This programme includes

- 25 lessons per week
- Use of all pedagogical material
- Maximum of 15 students per class
- Certificate at the end of the course
- Evening Social Programme
- Access to the CEC E-Learning platform
- CEC Welcome Pack, Map, and CEC Notepad

### Sample Timetable – 25 lessons per week

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>08:40</b>	Introduction to the Course: starting your classes in a positive way	CLIL 1: principles behind CLIL approaching and planning a CLIL lesson.	Language Clinic – model CLIL lesson	Lexis 1: presenting new words	Language Clinic – model CLIL lesson
			<b>Coffee Break</b>		
	Reading – exploiting texts for CLIL	Phonology: integrating pronunciation into lessons.	Speaking skills and interaction strategies	Technology in the CLIL classroom: setting up and using webquests.	CLIL 2: approaches to planning topic based lessons
			<b>Lunch Break</b>		
<b>16:00</b>	E-Learning Platform Workshop	Contextualisation of the learning experience	Micro – Teaching preparation	Micro-Teaching practice + feedback	Site visit & lecture to University College Cork

## GENERAL ENGLISH + IRISH CULTURE COURSE

### Course Aim

Our General English + Irish Culture Course enables students to consolidate and improve their overall level in English while enjoying an introduction to Irish Culture through classroom sessions on Irish Culture as well as social and cultural workshops offering an immersion in Irish culture.

### Course Description

Course participants will learn about a range of aspects of Irish Culture from a selection of specially designed sessions including Irish music, literature, mythology, history, and food. Participants will also consolidate and improve their overall level of English through an integrated skills approach.

In our mixed General English lessons, an emphasis is placed on listening comprehension, pronunciation, and spoken interaction. Improve your overall English on our General English + Irish Culture course and enjoy an academic, cultural, and social experience with us in Cork.



# Erasmus+

Organisation ID Number: **E10195409**

<b>Dates</b>	See Date Chart
<b>Age Groups</b>	18+
<b>Accommodation</b>	Host Family / Shared Apartment / Residence / Hotel / B & B / Hostel
<b>Course Price</b>	€450 per week
<b>Participants</b>	15
<b>Duration</b>	1 or 2 weeks
<b>Levels</b>	

B1 B1+ B2 B2+ C1 C1+ C2

### This programme includes

- 25 lessons per week
- Use of all pedagogical material
- Maximum of 15 students per class
- Certificate at the end of the course
- Evening Social Programme
- Access to the CEC E-Learning platform
- CEC Welcome Pack, Map, and CEC Notepad

### Sample Timetable

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
08:40	Welcome induction & ice breakers	Language focus: grammar analysis and practice	Speaking: everyday activities and general trends + Present Simple and Continuous	Finding things in common: agreeing and disagreeing. Writing: Email to a friend	Test & correction + Pronunciation Strong and weak forms of auxiliary verbs
	Listening to an interview Vocabulary recording: building a lexical notebook	Reading and speaking: adrenaline junkies + talking about new sports and trends in free time	Listening/speaking: new year traditions around the world + Webquest: present a tradition from another country	People: appearance & character vocabulary + Reading: matching descriptions to pictures	Listening/Video: travel show – places in America + Speaking: design a tour of your country
			<b>Coffee Break</b>		
			<b>Lunch Break</b>		
16:00	Cultural Workshop: Cork history & culture	Cultural Workshop: Irish myths & legends	Cultural Workshop: Irish history	Cultural Workshop: Irish music & dance	Cultural Workshop: Irish food & drink



# ACCOMMODATION OPTIONS

## Host Family

**Availability:** All Year Round

**Description:** This type of accommodation is arranged on a half-board basis from Monday to Friday and full-board at the weekend. Students will have their own bedroom and shared bathroom facilities. We always aim to accommodate only one student of the same mother tongue per house.

**Benefits:** Offers a full immersion option in the Irish culture by living as part of an Irish family. This is also the best option to rapidly progress English language skills as you are developing your language skills in academic, social and familial environments.

**Included:** Transfers to and from arrival and departure point in Cork City.

**Options:** Executive host family is also available. With this option. Students have private bathroom facilities.

**Arrival Information:** Students are met on arrival in Cork City by their host family. CEC must have students' arrival details in advance.

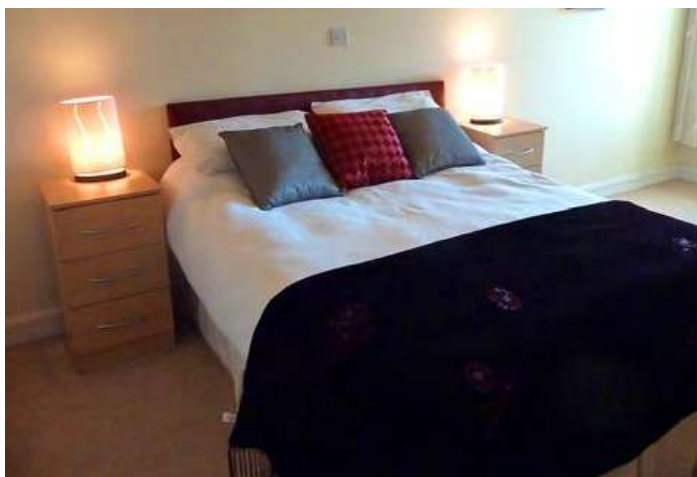
**Transfer Information:** Your host family will pick you up.

**Cork Airport:** FREE

Please note that for host family pick-up, students will need to arrive in Cork before midnight.

**Standard Host Family**  
**Executive Host Family**  
**Summer supplement (23/06 - 01/09)**  
**Accommodation Placement Fee**

€270 per week  
€330 per week  
€45 per week  
€60



## Residential— Self Catering Apartments

**Description:** These apartments offer all mod cons including internet access. Students may be sharing with other students or with Irish people who are working in Cork. These apartments have shared kitchen and bathroom facilities.

**Options:** Single rooms available.

**Benefits:** Meet and interact with other students through the medium of English. The apartments are within walking distance of the school and also close to public transport.

**Transfer Information:**

**Cork Airport:** €60 each way

**Single Room with private bathroom**  
**Single Room with shared bathroom**  
**Accommodation Placement Fee**

€310 per week  
€275 per week  
€60

*Prices for 01/01/24 - 25/05/24 & 18/08/24 - 31/12/24*





# ACCOMMODATION OPTIONS

## University Apartments

**Availability:** May 27th to August 17th

**Description:** Participants may choose a single room in university residential apartments. These apartments are self-catering. There are 4– 6 bedrooms per apartment. The students will have a shared kitchen and either shared or private bathroom facilities, depending on the option chosen.

**Benefits:** This option will ensure that students learn to live independently and develop valuable life skills. Students have the opportunity to meet Irish and international students.

**Included:** Standard and en-suite rooms include laundry facilities, television, broadband internet, bed linen, and weekly cleaning service for common areas.

**Arrival Information:** Arrival & check-in information must be pre arranged. Please contact [info@corkenglishcollege.ie](mailto:info@corkenglishcollege.ie) to arrange. Arrivals will not be accepted later than midnight.

### Transfer Information:

**Cork Airport:** €60 each way

Single Standard

Single Ensuite

Accommodation Placement Fee

€250 per week

€295 per week

€60



## 2 Star Residential Apartments

**Availability:** May 26th to August 17th

**Description:** These apartments are ideal for participants traveling with their families or as part of a group. These apartments are ideally located in the city centre within walking distance of all amenities.

2/3 Bed (Sleeps up to 4)

5 Bed (Sleeps up to 5)

5 Bed (Sleeps up to 6)

Accommodation Placement Fee

€1,200 per week

€1,500 per week

€1,800 per week

€60



# CEC E-LEARNING PLATFORM

CEC E-Learning is part of ALL adult bookings programmes.



## Front Desk:

- Events - your school's social calendar.
- Requests - request a letter, book a holiday, update your contact details.
- Gallery - Share pictures of your night out or trip with your school friends.
- Information - advice, maps, and guides to help you get the most out of your time with us.

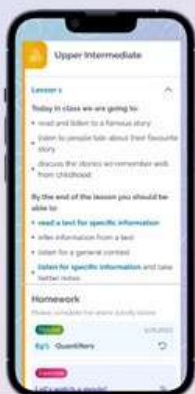
## GEL: Aims

- Over 2500 pages of grammar forms, explanations, and activities!
- Download the Gel: Aims English Grammar App for your smartphone or tablet.
- Access is free with your e-learning username and password!

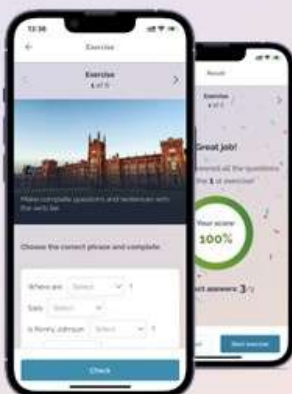


- Track progress to boost motivation
- Homework, tests and tutorials all in one place
- Personalised learning to suit students' needs

### Clear Course Aims and Outcomes



### E-learning from Oxford University Press



### Results and Progress Tracking



### Personalised Feedback



- Students have complete access to CEC Online for a full **3 months** after completing their programme.
- All students can access CEC Online via <https://corkenglishcollege.com/cec-online/>
- Contact [marketing@corkenglishcollege.ie](mailto:marketing@corkenglishcollege.ie) to arrange **free demo access** for you or your team.





# PARTICIPANT PATHWAY

Cork English College

## CEC is an Online Testing School

We ask all new students to take our online placement test before travelling to Ireland. This allows our academic team to place you in the correct level and take you to class immediately on your first day. A member of the academic team monitors all tests and is available if you need help or have any questions.

## Participants First Day

We ask participants to arrive at our Adult Centre by 8.45 am on their first day for a welcome presentation with the CEC team where participants receive important information about the school and their timetable. Participants who have taken the online test are taken directly to class to meet their teachers. CEC's classes follow the Council of Europe Common European Framework for Languages (CEFR) and we offer classes from A2 to C2.

## Progress

Our qualified and experienced teachers use a variety of published and authentic materials to help participants progress as quickly as possible. Teachers and academic management meet regularly to discuss each student's progress. Each week the teachers hold a short meeting with each student, giving feedback and advice on how to improve. There is also a brief progress test each Friday. When a student is ready to move up to the next level, they will join their new class on Monday.

## Methodology

The method of teaching used at CEC is the communicative approach. Our aim is to enable students to communicate more effectively in English both with native speakers and speakers of English from other countries. CEC's courses include work on grammar, vocabulary, pronunciation, and the skills of listening, speaking, reading and writing. Special emphasis is given to communicating effectively and accurately, and error correction plays an important role in classes. All of our course levels are mapped to the Common European Framework of Reference for Languages and have clear learning outcomes. These learning outcomes are what the students can do with the language. Participants can see the learning outcomes for each week on the scheme of work in their classrooms and can discuss these with their teachers.

## Afternoons

Participants can use the school common room & lounge area in the afternoons to relax, mingle with friends or use for study & work. Alternatively they can join our wide range of free & paid activities many of which are built into each Erasmus+ programme.

## CEC Online

All participants have access to CEC Online, our integrated E-Learning platform. CEC Online is accessed through [www.corkenglishcollege.com](http://www.corkenglishcollege.com) and offers students thousands of additional learning exercises as well as the ability to view & register for our weekly activity & social programme.

## Course Certificate

On completion of the course, participants will receive a CEC Course certificate. An academic report is also sent to the student's CEC Online account. Any necessary documentation for Erasmus+ funding can be submitted to the main reception at the beginning of a participants week, and collected on their final day.

## WHAT OUR STUDENT'S SAY

"CEC made sure that we were getting to know Cork more through many very well structured trips"

Nelly & Sevim  
from Germany

"I spent 6 months in CEC and it was a amazing experience. First of all, I met people from many different countries. To have a lot of friends from different countries makes me happy 😊"

Mesut  
from Turkey

"My experience in CEC couldn't have been better. I'd been there for almost 5 months and I could never imagine how much I improved and how many amazing people I met."

Marta  
from Italy



Authorised Exam Centre





# ***“Cork is a state of mind”***

*Lonely Planet Guide, 2023*

Considered one of the friendliest cities in Ireland, Cork is an independent place of culture, characters & craic.

The city is famous for its bustling streets, wealth of cafes, pubs & restaurants, and fine food options.

Beyond the city in West Cork, you will find some of the most breathtaking landscapes, colourful towns & villages, and picturesque beaches.

Everything good about Ireland can be found in Cork.





## CORK CITY

**Cork is Ireland's Maritime Haven with a significant maritime history spanning over a thousand years...**

...set in a beautiful soft coastal environment where the land, the people and their culture will allow you to discover a quirky way to stimulate all your senses. Cork is ideally situated for you to explore two of the best experiences in Ireland – the Wild Atlantic Way and Ireland's Ancient East.

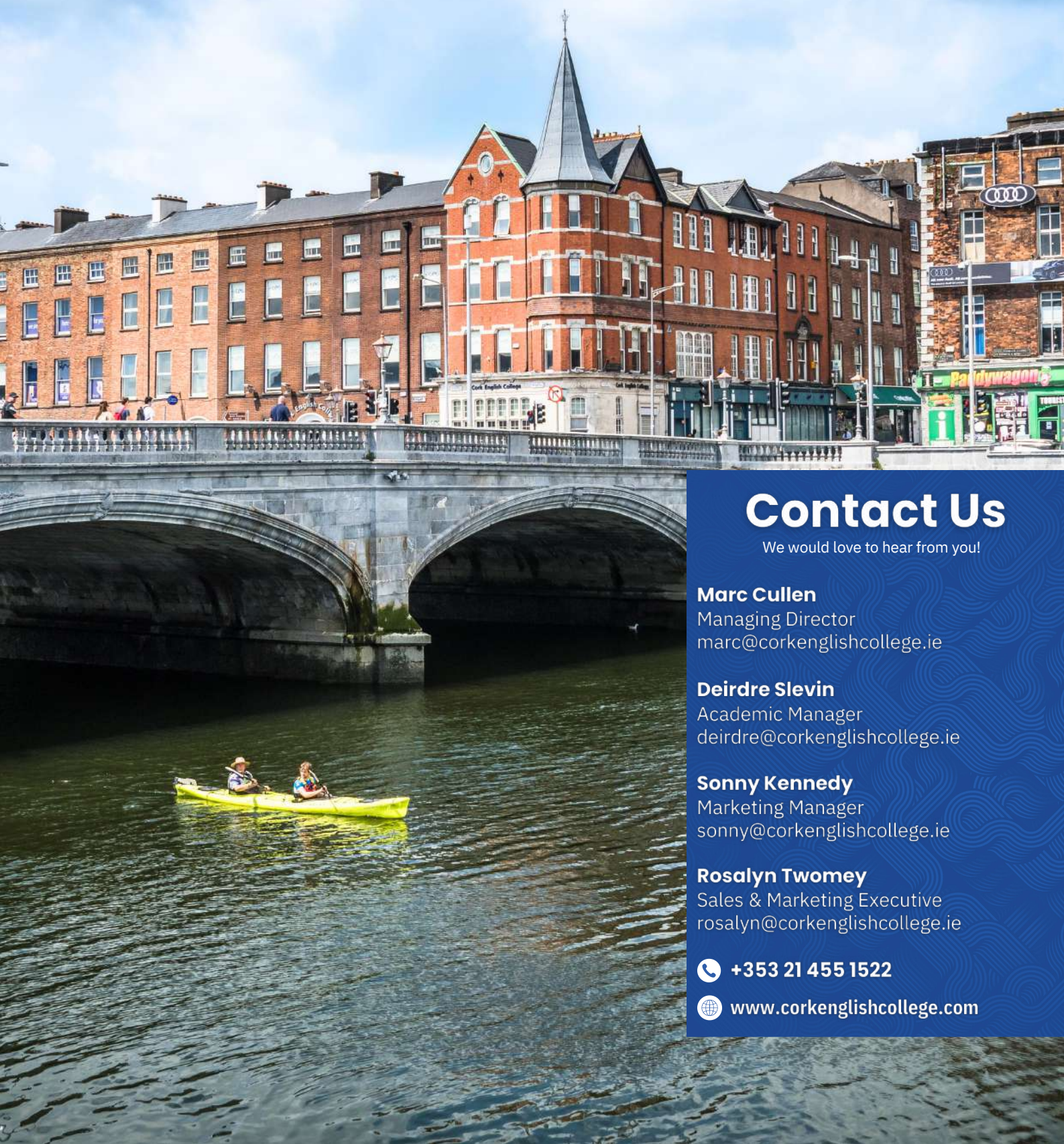
- 1 Blackrock Castle Observatory
- 2 Cork City Gaol
- 3 Old Cork Waterworks Experience
- 4 Cork Public Museum
- 5 Fitzgerald's Park
- 6 The Gluckman Gallery
- 7 University College Cork
- 8 Crawford Art Gallery
- 9 Elizabeth Fort
- 10 The English Market

- 11 Nano Nagle Place
- 12 Shandon Tower & Bells, St. Anne's Church
- 13 The Butter Museum
- 14 St Fin Barre's Cathedral
- 15 St Peter's Cork
- 16 Triskel Christchurch
- 17 The Everyman Theatre
- 18 The Cork Opera House
- 19 Blarney Castle and Gardens
- 20 Cork City Tours - Start / Finish

- Visitor Information**
- Visitor Information
  - Parking
  - Hospital
  - General Post Office
  - City Hall
  - Library
  - Police
  - Fire Station

- Bus Station
- Train Station
- Airport
- Ferry
- Hop-On-Hop-Off





## Contact Us

We would love to hear from you!

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