



ERASMUS+ BROCHURE 2025

Erasmus+ Organisation ID Number:
E10195409

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HE - Suitable for Higher Education Staff

T - Suitable for Teaching Staff

WELCOME

Welcome to the CEC Erasmus+ Brochure for 2025.

2024 has been a year of great highs as we finally returned to a complete sense of normality with thousands of students joining us in Cork from all over the world on a range of different programmes.

In 2024 we marked our 46th year of operation and welcomed close to 70 different nationalities to Cork, an average of 38 nationalities each week in our adult school, and over 1,200 junior students to our Host Family & Residential Centres for the month of July.

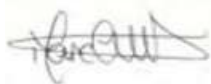
It is our belief that we provide a quality product in every aspect of the students' journeys. Our programmes are designed to improve students' language abilities solidly through our courses and extra-curricular activities. Whilst at the same time providing a friendly and personable environment for students to enjoy their experience in CEC.

CEC's adult campus is located in the heart of the city centre and is comprised of three beautifully renovated historic buildings providing state of the art facilities, including interactive whiteboards, IT room and free Wi-Fi throughout - all designed to enhance the English language experience. All adult students have access to the state of the art CEC E-Learning platform from the moment the course is booked until three months after they finish.

Our Erasmus+ Programmes consist of 1 or 2-week courses based on tuition Monday - Friday plus a full day activity on the weekend - 25 hours. Each programme's tuition fees are inclusive of the classes, activities/excursions, materials & registration fee. Accommodation & any necessary transfers are additional.

CEC is unique in our position, we are the only school in Ireland that is an open exam centre for Cambridge ESOL, IELTS, Trinity College of London, TOEIC, OET, & Language Cert. Please take some time to have a look through this manual to see the wide variety of quality programmes that we have on offer for you and your clients in the coming year. Please also do take the time to visit our website for full information on all of our services and courses at www.corkenglishcollege.com

CEC is the simplest choice to make when deciding on your Erasmus+ partner and we look forward to growing in business with you.



Marc Cullen
Managing Director - Cork English College





“Cork is a state of mind”

Lonely Planet Guide, 2023

Considered one of the friendliest cities in Ireland, Cork is an independent place of culture, characters & craic.

The city is famous for its bustling streets, wealth of cafes, pubs & restaurants, and fine food options.

Beyond the city in West Cork, you will find some of the most breathtaking landscapes, colourful towns & villages, and picturesque beaches.

Everything good about Ireland can be found in Cork.



WELCOME TO CEC

Our College

Cork English College is one of Ireland's premier English language colleges. It is located in the heart of Cork's city centre with three beautiful buildings. One stands high on Patrick's Hill and the other two have waterfront locations, overlooking the picturesque River Lee.

In CEC you get so much more than an English language course. You get a high quality education experience delivered to you by a professional, experienced and friendly team.

CEC is the quality choice for your clients. We have been offering the highest quality courses for over 46 years and we constantly strive to improve. CEC is renowned for its high-quality teaching standards and cultural experiences. It is one of a small number of elite institutions in Ireland that are OET, Cambridge & IELTS testing centres. We pride ourselves on our learner-centered environments. CEC's education is accessible, inclusive, and flexible.

At CEC we offer programmes year round thus catering for the needs of each and every client. Our school closes for a short period over Christmas and Bank Holiday weekends. A list of these is included in this manual. On Bank Holiday Mondays we arrange a free tour for your clients as we want all of our clients to get the most out of their stay in our school, Cork and Ireland.

CEC Amenities & Resources

- State of the art classrooms with electronic whiteboards on every floor of the school
- IT access to E-learning, the Internet, exam practice materials and CDs
- Student Common Room with access to plenty of local information and television programmes
- Cinema Rooms with regular movie afternoons for students
- Complementary fibre optic Wi-Fi available throughout the building
- Wheelchair accessible
- Selection of exam practice materials, reading materials and literature covering business, grammar and cultural topics available for every level each afternoon

OUR ACCREDITATIONS & MEMBERSHIPS



WE ARE THE TRUSTED AUTHORISED TEST CENTRE



Erasmus+ Explained

What is Erasmus+

Erasmus+ is the European Union's programme to support education, training & upskilling by providing fully funded opportunities to participate in international exchanges & programmes. Academic, teaching & admin staff from a range of education sectors, particularly higher education, are eligible to avail of **staff mobility** grants to take part in short-term further training courses as the courses offered in **Cork English College**.

How does the funding work?

Funding for any Erasmus+ course can be received by applying through your academic or higher education institution for a grant. As the receiving institution, **Cork English College** can provide or complete the necessary documents such as the Staff Mobility for Training invitation, Europass, and Certificate of Participation.

How do I apply?

Applying for an Erasmus+ Staff Mobility grant can be a straightforward and certainly worthwhile process. If you wish to apply for an Erasmus+ grant, the first step is to contact your institution's **International Office or Erasmus+ Coordinator** for more information. Alternatively, you can contact your country's **National Agency** for advice & assistance.

What are the benefits to Erasmus+?

Erasmus+ Staff Mobility offers participants a range of opportunities to develop both professionally & personally:

- Expand your professional skills in English language, interpersonal communication, instructive skills & much more.
- Undertake further professional development in a new environment.
- Engage in knowledge sharing with participants from other countries & cultures.
- Enjoy a new cultural experience.
- Network & grow relationships with similar professionals from all over Europe & beyond.

What is the Organisation ID Number?

The OID is the code unique to each Erasmus+ approved institution. The OID is required to take part in and avail of any Erasmus+ Staff Mobility Programme & funding. The OID for Cork English College is: **E10195409**

What is included in your Erasmus+ Programmes?

Our Erasmus+ Programmes consist of 1 or 2-week courses based on 25 lessons across the week. Each programme's tuition fees are inclusive of the classes, activities/excursions, materials & registration fee. Accommodation & any necessary transfers are additional.





Useful Websites.

The following are **websites** that will be of use in helping you make the most of your **Erasmus+ experience**.

- **Imotion**
- **Erasmus+ National Agencies**
- **European School Education Gateway - ESEP**
- **Electronic Platform for Adult Learning in Europe - EPAL**





-  St. Patrick's Bridge Building
-  St. Patrick's Hill Building
-  St. Patrick's Quay Building
-  Student Residences

- 11 Nano Nagle Place
- 12 Shandon Tower & Bells, St. Anne's Church
- 13 The Butter Museum
- 14 St Fin Barre's Cathedral
- 15 St Peter's Cork
- 16 Triskel Christchurch
- 17 The Everyman Theatre
- 18 The Cork Opera House
- 19 Blarney Castle and Gardens
- 20 Cork City Tours - Start / Finish

- 1 Blackrock Castle Observatory
- 2 Cork City Gaol
- 3 Old Cork Waterworks Experience
- 4 Cork Public Museum
- 5 Fitzgerald's Park
- 6 The Glucksmann Gallery
- 7 University College Cork
- 8 Crawford Art Gallery
- 9 Elizabeth Fort
- 10 The English Market

CORK CITY

Cork is Ireland's Maritime Haven with a significant maritime history spanning over a thousand years...

...set in a beautiful sort coastal environment where the land, the people and their culture will allow you to discover a quirky way to stimulate all your senses. Cork is ideally situated for you to explore two of the best experiences in Ireland – the Wild Atlantic Way and Ireland's Ancient East.



Bantry House & Gardens, West Cork

CEC'S UNIQUE SELLING POINTS

- CEC was established in 1978 and continues to be family-owned and family-run.
- CEC offer a full programme of afternoon & evening social activities
- CEC offers 60 minute tuition hours on all adult programmes
- CEC adult classes are multinational and have an average of 8 – 10 students per class
- CEC was voted the Best Language School at the Irish Education Awards 2019, 2020 & 2021
- CEC is the only Quality English school in Cork and is also a fully accredited EAQUALS school
- CEC is an OPEN test centre for IELTS, OET, Trinity College London, Cambridge, TOEIC and TOLES and Language Cert
- CEC queries and bookings are answered within 24 hours and we operate a 24 hour service to clients in case of emergency
- CEC can organise all elements of your client's stay - course, airport transfers, accommodation, extracurricular activities and excursions
- CEC offers more than just a language course. CEC adult courses include a social programme, transfers, CEC Online, the CEC experience and much more
- CEC provides detailed orientation from our dedicated team and we assess all students on the first morning to ensure that each client is placed in the correct level.



OUR RECENT AWARDS



English
Education
Ireland



Quality
English



Select
Ireland



WHERE
LEADERS
MEET

IELTS™



CAMBRIDGE
English

Authorised Exam Centre

WHY CORK

Cork is Ireland's second city and is the ideal city for students to travel to as an EFL destination. Cork city sits at the origin of both the Wild Atlantic Way and Ireland's Ancient East. It is the perfect starting point to explore the country.

Cork has been voted the third friendliest city in the world by Condé Nast Traveler's annual reader survey. Three Irish cities made it into the top 10 friendliest cities list, with Cork in third place, Galway at number five, and Dublin coming in eighth place (August 2018). According to Lonely Planet, "everything good about Ireland can be found in County Cork."

Cork City has a population of approximately 210,000. The city is compact with excellent public transport. Most of the city based attractions located in the city area are within walking distance of the centre, and many are free to visit. The city is surrounded by small towns and villages and a vast rugged coastline which are considered some of the most beautiful Ireland.

The city centre has a vibrant arts and cultural ethos and was selected as the European City of Culture in 2005. Cork is host to many world-renowned festivals. These include the Guinness Jazz Festival, the International Film Festival, Cork International Choral Festival and the Cork Midsummer Festival to name a few.

Corkonians often refer to their city as the 'Real Capital' of Ireland and it is true that Cork is certainly the gourmet centre of Ireland. The rich agricultural landscape has created a tradition of quality produce and culinary excellence, with some of Ireland's best restaurants & food markets in Cork.

Cork is a major centre for international trade and manufacturing. Cork Harbour is one of the largest natural harbours in the world and the county is a second home to many multi-national corporations including Apple, EMC, Amazon, Airbnb, Marriot International, Eli Lilly and Pfizer to name but a few most of which are providing bilingual customer service support from their Cork offices.



GETTING TO CORK



By Air

Cork Airport is located just 8km from Cork City and operates over 50 International flights to and from Cork. The best way to get into the city is the shuttle service. This runs every half hour from outside the arrivals hall and the service is available 7 days a week. The trip takes 10-15 minutes. For further information on route details and carriers that fly in and out of Cork, telephone 00353214313131 or visit www.corkairport.com and the websites of Ryanair and Aer Lingus



By Sea

The Port of Cork operates seasonal ferry services to Roscoff. Ferries from Britain (Fishguard and Pembroke) and France (Le Havre and Cherbourg) serve Rosslare all year. The driving time from Rosslare to Cork is approximately 3 hours. For further information contact the Port of Cork at 00353 21 4273125 or visit www.portofcork.ie



By Bus

If you arrive in Dublin, the easiest way to reach Cork is by using the direct buses operated by Aircoach (www.aircoach.ie) and GoBe (www.gobe.ie). From Dublin Airport, the trip takes approximately 3 hours and 30 min. The companies CityLink (www.citylink.ie) and Bus Eireann (www.buseireann.ie) operate lines to Cork from other cities in Ireland.



By Train

Irish Rail services Kent Station Cork which is 10 minutes' walk from our adult school in Cork city centre. Services operate in most of the country including Dublin, Kerry, Limerick, Waterford, and Wexford. Cork's Kent Station is located just off Railway Street, Lower Glanmire Road. For further information on rail services in Cork, telephone 0214557277 or visit www.irishrail.ie.



By Car

Cork is 257km southwest of Dublin and is accessible via the M7 and M8. From Killarney take the N22. Access from Limerick and Galway is on the N20 and the N25 is South East gateway to the city. See route planner on www.aaireland.ie

GETTING AROUND CORK

By bus

Bus Eireann operates 18 routes serving the city, as well as 17 suburban most of which run from early in the morning until around midnight. Many of these routes also connect the city with its environs. The bus station is located a short walk from the city centre, on Parnell Place. For further information on bus services in Cork telephone: (021) 4508188 or visit www.buseireann.ie

On foot

With its compact city centre, Cork is an easy city to get around on foot. A lot of the main shopping areas are open to pedestrians only. As well as this, many of the main attractions are within walking distance of each other. You can visit castles, art galleries, farmers markets, and more on foot.

On bike

For those who wish to explore Cork by bicycle, you can also visit www.bikeshare.ie/cork as they have bicycles for hire. These bikes are available from multiple locations across Cork to use on a daily basis.



Authorised Exam Centre

PARTICIPANT PATHWAY

Cork English College



CEC is an Online Testing School

We ask all participants to take our online placement test before traveling to Ireland. This allows our academic team to place you in the correct level and take you to class after a welcome induction on your first day. A member of the academic team monitors all tests and is available if you need help or have any questions.

Participants First Day

We ask participants to arrive at our Adult Centre by 8.45 am on their first day for a welcome presentation with the CEC team where participants receive important information about the school and their timetable. Participants who have taken the online test are taken directly to class to meet their teachers. CEC's classes follow the Council of Europe Common European Framework for Languages (CEFR) and we offer classes from A2 to C2.

Progress

Our qualified and experienced teachers use a variety of published and authentic materials to help participants progress as quickly as possible. Teachers and academic management meet regularly to discuss each student's progress. Each week the teachers hold a short meeting with each student, giving feedback and advice on how to improve. There is also a brief progress test each Friday. When a participant is ready to move up to the next level, they will join their new class on Monday.

Methodology

The method of teaching used at CEC is the communicative approach. Our aim is to enable students to communicate more effectively in English both with native speakers and speakers of English from other countries. CEC's courses include work on grammar, vocabulary, pronunciation, and the skills of listening, speaking, reading and writing. Special emphasis is given to communicating effectively and accurately, and error correction plays an important role in classes. All of our course levels are mapped to the Common European Framework of Reference for Languages and have clear learning outcomes. These learning outcomes are what the students can do with the language. Participants can see the learning outcomes for each week on the scheme of work in their classrooms and can discuss these with their teachers.

Afternoons

Participants can use the school common room & lounge area in the afternoons to relax, mingle with friends, or use it for study & work. Alternatively, they can join our wide range of activities many of which are built into each Erasmus+ programme.

CEC Online

All participants have access to CEC Online, our integrated E-Learning platform. CEC Online is accessed through www.corkenglishcollege.com and offers students thousands of additional learning exercises as well as the ability to view & register for our weekly activity & social programme.

Course Certificate

On completion of the course, participants will receive a CEC Course certificate. An academic report is also sent to the student's CEC Online account. Any necessary documentation for Erasmus+ funding can be submitted to the main reception at the beginning of a participants week, and collected on their final day.

WHAT OUR PARTICIPANTS SAY

"CEC made sure that we were getting to know Cork more through many very well structured trips"

**Nelly & Sevim
from Germany**

"I spent 6 months in CEC and it was a amazing experience. First of all, I met people from many different countries. To have a lot of friends from different countries makes me happy 😊"

**Mesut
from Turkey**

"My experience in CEC couldn't have been better. I'd been there for almost 5 months and I could never imagine how much I improved and how many amazing people I met."

**Marta
from Italy**

ACCOMMODATION OPTIONS

Host Family

Availability: All Year Round

Description: This type of accommodation is arranged on a half-board basis from Monday to Friday and full-board at the weekend. Students will have their own bedroom and shared bathroom facilities. We always aim to accommodate only one student of the same mother tongue per house.

Benefits: Offers a full immersion option in the Irish culture by living as part of an Irish family. This is also the best option to rapidly progress English language skills as you are developing your language skills in academic, social and familial environments.

Included: Transfers to and from arrival and departure point in Cork City.

Options: Executive host family is also available. With this option. Students have private bathroom facilities. Limited Supply.

Arrival Information: Students are met on arrival in Cork City by their host family. CEC must have students' arrival details in advance.

Transfer Information: Your host family will pick you up.

Cork Airport: FREE

Please note that for host family pick-up, students will need to arrive in Cork before midnight.

Standard Host Family

Executive Host Family

Summer supplement (23/06 - 01/09)

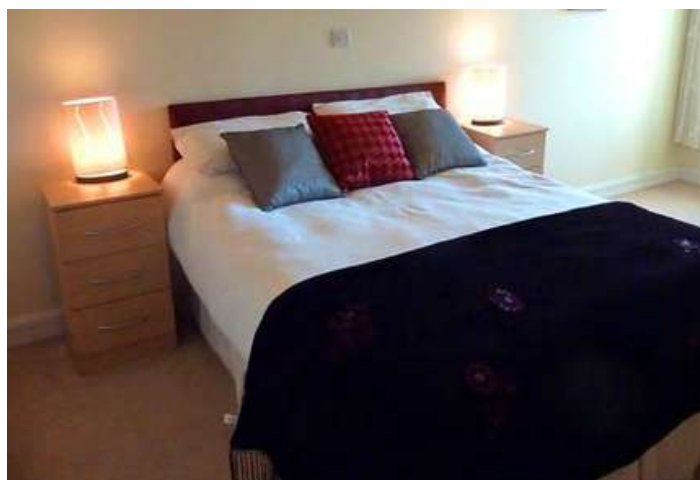
Accommodation Placement Fee

€275 per week

€335 per week

€50 per week

€60



Academic Year – Apartment Accommodation

Description: These apartments offer all mod cons including internet access. Students may be sharing with other students or with Irish people who are working in Cork. These apartments have shared kitchen and a choice of private or shared bathroom facilities.

Options: Single rooms available.

Benefits: Meet and interact with other students through the medium of English. The apartments are within walking distance of the school and also close to public transport.

Transfer Information:

Cork Airport: €60 each way

Single Room with private bathroom

Single Room with shared bathroom

Accommodation Placement Fee

€320 per week

€285 per week

€60

Prices for 01/01/25 - 25/05/25 & 18/08/25 - 31/12/25



2025 ACCOMMODATION OPTIONS

Summer - Apartment Accommodation

Availability: May 26th to August 17th 2024

Description: Students may choose a single room in university residential apartments. These apartments are self-catering. There are 4– 6 bedrooms per apartment. The students will have a shared kitchen and either shared or private bathroom facilities, depending on the option chosen.

Benefits: This option will ensure that students learn to live independently and develop valuable life skills. Students have the opportunity to meet Irish and international students.

Included: Standard and en-suite rooms include laundry facilities, television, broadband internet, bed linen, and weekly cleaning service for common areas.

Arrival Information: Before arrival to Cork, students are requested to supply their travel details to arrange a suitable check-in time. Check-ins later than midnight are subject to availability.

Transfer Information:

Cork Airport: €60 each way

Single Standard

Single Ensuite

Accommodation Placement Fee

€255 per week

€300 per week

€60



2 Star Residential Apartments

Availability: May 26th to August 17th

Description: These apartments are ideal for participants traveling with their families or as part of a group. These apartments are ideally located in the city centre within walking distance of all amenities.

2/3 Bed (Sleeps up to 4)

5 Bed (Sleeps up to 5)

5 Bed (Sleeps up to 6)

Accommodation Placement Fee

€1,200 per week

€1,500 per week

€1,800 per week

€60



SOCIAL & CULTURAL PROGRAMME

Below is a list of our main activities and excursions available to all participants. As you can see, there is something to do every day.

Apart from the activities indicated below, we also have a multi-media lab with access to the internet. Students also have FREE access to Wi-Fi in all of our buildings.

Our activity programme is the ideal way for participants to make friends outside of their class, see more of Ireland and use their English in a social setting. Apart from all that they're also great craic (fun)!



Afternoon, Evening & Full Day Activities offered

Afternoon

- Cork City Tour
- Crawford Art Gallery
- UCC & Glucksman Gallery
- Jameson Distillery
- Pronunciation class
- Fitzgerald's Park
- Cork City Gaol
- Blarney Castle
- Cobh
- Kinsale & Charles Fort
- Fota Wildlife Park
- Shandon Bells Church

Evening

- Bowling
- Cinema Night
- Irish Dancing
- Pub Night
- Arcade Night
- Live Irish Music Night
- Karaoke Night
- Gaelic Football Night
- Brewery Tour
- Student Party
- Escape Rooms
- Pour Your Own Pint Night

Full Day (Saturday)

- Killarney National Park
- Bunratty Castle
- Ring of Kerry
- Cliffs of Moher
- Rock of Cashel
- Mitchelstown Caves
- Cahir Castle
- Clonakilty
- Gougane Barra National Park
- Inchydoney Beach
- Clonakilty Town
- Kilkenny Castle

Cork City Tour



Visit to University College Cork



Killarney National Park



Blackrock Castle





Shandon Bells & Tower, Cork City

ENGLISH FOR EDUCATIONAL PROFESSIONALS

Course Aim

The English for Educational Professionals course includes developing English communication skills with scenario training to give participants a real sense of how this applies to the workplace. Participants are encouraged to share personal work experiences to enhance the learning experience.

Course Description

Objectives of this course include developing professional English communication skills with confidence, promoting intercultural integration and collaboration in the educational workplace & practicing real-life scenarios and learning to tailor language to the context.

On completion of this course, participants will have increased confidence in their ability to use English in everyday situations with international students and colleagues.



Erasmus+

Organisation ID Number: **E10195409**

| | |
|----------------------|---|
| Dates | See Date Chart |
| Age Groups | 20+ |
| Accommodation | Host Family / Shared Apartment / Residence / Hotel / B & B / Hostel |
| Course Price | €520 per week |
| Participants | 15 |
| Duration | 1 Week |
| Levels | |

This programme includes

- 5 days tuition (Monday – Friday) + 1 full-day activity
- 25 hours
- Use of all pedagogical material
- Maximum of 15 students per class
- Certificate of participation and attendance
- Social Programme
- Access to the CEC E-Learning platform
- CEC Welcome Pack, Map, and CEC Notepad



Sample Timetable -

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------------|---|--|--|--|---|
| 08:40 | Introductions & Networking | Developing intercultural skills in the workplace | Workplace communication Clarifying meaning & simplifying language | Presentations made easy: functional language / tips and strategies | Presentations: putting learning into practice |
| | | | Coffee Break | | |
| | Mastering the art of small talk & relation building | Case Study Focus: Integrating international students | Maintaining politeness if communication breaks down | Presentations made easy: Finding your authentic voice | Feedback & reflection |
| | | | Lunch Break | | |
| 14:00 | 14:00 | 14:00 | 14:00 | 19:30 | 13:45 |
| 16:00 | Tour of Cork City | Visit to Fitzgeralds Park | Outdoor Irish Dancing | Pour Your Own Pint Night | Visit to Kinsale & Charles Fort |

ACADEMIC SKILLS – WRITING AND PRESENTING

Course Outline:

This intensive one-week course covers essential topics such as essay structure, critical analysis, and effective public speaking techniques. Through practical activities, participants will refine their ability to write and present academic content with confidence and clarity.

Course Objectives

To write clear, well-structured academic essays and papers, with a focus on critical thinking and analysis. To create and deliver powerful presentations.



Organisation ID Number: **E10195409**

| | |
|----------------------|---|
| Dates | See Date Chart |
| Age Groups | 20+ |
| Accommodation | Host Family / Shared Apartment / Residence / Hotel / B & B / Hostel |
| Course Price | €520 per week |
| Participants | 15 |
| Duration | 1 Week |
| Levels | |

This programme includes

- 5 days tuition (Monday – Friday) + 1 full-day activity
- 25 hours per week
- Use of all pedagogical material
- Maximum of 15 students per class
- Certificate of participation and attendance
- Social Programme
- Access to the CEC E-Learning platform
- CEC Welcome Pack, Map, and CEC Notepad

B2 **B2+** **C1** **C1+** **C2**

*“I am beyond grateful for being part of this **Erasmus+** adventure. I am happy to have shared this incredible journey with my colleague and friend and strengthened our bond. Participating in the mobility program also allowed me to improve my language skills and gain personal development. It could not have been possible without the **Erasmus+** program and the staff at school.”*

Evelin Bertus - University of Pécs, Hungary

LECTURING CONFIDENTLY THROUGH ENGLISH

Course Outline:

This course is for lecturers who strive to create engaging content to deliver clearly, effectively, and with impact. Participants will explore strategies to improve their spoken English with personalized feedback to refine their lecturing skills and build their confidence.

Course Objectives

To prepare for real-world lecturing from the creation of materials to delivering impactful lectures in English.



Organisation ID Number: **E10195409**

| | |
|----------------------|---|
| Dates | See Date Chart |
| Age Groups | 20+ |
| Accommodation | Host Family / Shared Apartment / Residence / Hotel / B & B / Hostel |
| Course Price | €520 per week |
| Participants | 15 |
| Duration | 1 or 2 weeks |
| Levels | |

B2 B2+ C1 C1+ C2

This programme includes

- 5 days tuition (Monday – Friday) + 1 full-day activity
- 25 hours per week
- Use of all pedagogical material
- Maximum of 15 students per class
- Certificate of participation and attendance
- Social Programme
- Access to the CEC E-Learning platform
- CEC Welcome Pack, Map, and CEC Notepad

“It was very interesting to come into contact with our colleagues of such different nationalities and the collaborative spirit it was constant, everyone was there to help each other. All lessons were dynamic and engaging learning experiences, with emphasis on listening comprehension, grammar, vocabulary and spoken interaction. Also an integrated e-learning platform helped us throughout the classes”

Ana Cristina Simoes - Coimbra, Portugal

ENGLISH LANGUAGE + IRISH CULTURE

Course Outline

Our English language + Irish Culture Course enables students to consolidate and improve their overall level in English while enjoying an introduction to Irish Culture through classroom sessions on Irish Culture as well as social and cultural workshops offering an immersion in Irish culture.

Course Objective

Course participants will learn about a range of aspects of Irish Culture from a selection of specially designed sessions including Irish music, literature, mythology, history, and food. Participants will also consolidate and improve their overall level of English through an integrated skills approach.

In our mixed General English lessons, an emphasis is placed on listening comprehension, pronunciation, and spoken interaction. Improve your overall English on our General English + Irish Culture course and enjoy an academic, cultural, and social experience with us in Cork.



Erasmus+

Organisation ID Number: **E10195409**

| | |
|----------------------|---|
| Dates | See Date Chart |
| Age Groups | 18+ |
| Accommodation | Host Family / Shared Apartment / Residence / Hotel / B & B / Hostel |
| Course Price | €520 per week |
| Participants | 15 |
| Duration | 1 or 2 weeks |
| Levels | |

This programme includes

- 5 days tuition (Monday – Friday) + 1 full-day activity
- 25 hours
- Use of all pedagogical material
- Maximum of 15 students per class
- Certificate of participation and attendance
- Social Programme
- Access to the CEC E-Learning platform
- CEC Welcome Pack, Map, and CEC Notepad

B1 B1+ B2 B2+ C1 C1+ C2

Sample Timetable

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-------|---|---|---|--|--|
| 08:40 | Welcome induction & ice breakers | Language focus: grammar analysis and practice | Speaking: everyday activities and general trends + Present Simple and Continuous | Finding things in common: agreeing and disagreeing. Writing: Email to a friend | Test & correction + Pronunciation Strong and weak forms of auxiliary verbs |
| | Listening to an interview Vocabulary recording: building a lexical notebook | Reading and speaking: adrenaline junkies + talking about new sports and trends in free time | Listening/speaking: new year traditions around the world + Webquest: present a tradition from another country | People: appearance & character vocabulary + Reading: matching descriptions to pictures | Listening/Video: travel show – places in America + Speaking: design a tour of your country |
| 16:00 | Cultural Workshop: Cork history & culture | Cultural Workshop: Irish myths & legends | Cultural Workshop: Irish history | Cultural Workshop: Irish music & dance | Cultural Workshop: Irish food & drink |



Blarney Castle & House, Blarney County Cork

COLLABORATIVE LEARNING IN ENGLISH

Course Outline:

This dynamic one-week course is designed to harness the power of collaborative learning to enrich teaching practices with an emphasis on the development of communication skills and effective group interactions.

Course Objectives

To effectively engage in and facilitate collaborative learning in English. To develop teamwork and communication skills, and support learner engagement.



Organisation ID Number: **E10195409**

| | |
|----------------------|---|
| Dates | See Date Chart |
| Age Groups | 20+ |
| Accommodation | Host Family / Shared Apartment / Residence / Hotel / B & B / Hostel |
| Course Price | €520 per week |
| Participants | 15 |
| Duration | 1 Week |
| Levels | |

This programme includes

- 5 days tuition (Monday – Friday) + 1 full-day activity
- 25 hours per week
- Use of all pedagogical material
- Maximum of 15 students per class
- Certificate of participation and attendance
- Social Programme
- Access to the CEC E-Learning platform
- CEC Welcome Pack, Map, and CEC Notepad



“All the teachers were very enthusiastic and friendly, they explained everything carefully and patiently, they encouraged me to talk more and more and my range of vocabulary and expressions has increased.

Every morning there were two lessons with different teachers and I enjoyed both. I really had fun in the week lesson themed ‘Fashion’, discussing and writing down the ideas on the topic with my classmates.

Also I appreciated the fact that, during the lessons, I could not only improve my English skills but also learn something about Irish culture and different points of view discussing different ideas from other students”

Isabella Pannoncini - Italy

INTENSIVE GENERAL ENGLISH

Course Aim

To help participants develop their general English speaking, reading, writing and listening skills so they can live, work, study and travel successfully in the English-speaking world.

Develop your confidence in English with us!

Course Description

The main focus in our multinational classes is on effective communication in real-world contexts. All courses begin with a placement test to ensure you are placed in the correct level and to help you improve as quickly as possible. You will also have regular meetings with your teacher to help you set up a study plan for the future and to maximise your progress academic, cultural, and social experience with us in Cork.



Erasmus+

Organisation ID Number: **E10195409**

| | |
|----------------------|---|
| Dates | Every Monday |
| Age Groups | 20+ |
| Accommodation | Host Family / Shared Apartment / Residence / Hotel / B & B / Hostel |
| Course Price | €520 per week |
| Participants | 12 |
| Duration | Any number of weeks |
| Levels | |

- A2
- A2+
- B1
- B1+
- B2
- B2+
- C1
- C1+
- C2

This programme includes

- 5 days tuition (Monday – Friday) + 1 full-day activity
- 25 hours
- Use of all pedagogical material
- Maximum of 12 students per class
- Certificate of participation and attendance
- Social Programme
- Access to the CEC E-Learning platform
- CEC Welcome Pack, Map, and CEC Notepad

Sample Timetable

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-------|---|---|--|--|--|
| 08:40 | Welcome induction & ice breakers | Language focus: grammar analysis and practice | Speaking: everyday activities and general trends + Present Simple and Continuous | Finding things in common: agreeing and disagreeing. Writing: Email to a friend | Test & correction + Pronunciation Strong and weak forms of auxiliary verbs |
| | Listening to an inter view Vocabulary recording: building a lexical notebook | Reading and speaking: adrenaline junkies + talking about new sports and trends in free time | Coffee Break Listening/speaking: new year traditions around the world + Webquest: present a tradition from another country | People: appearance & character vocabulary + Reading: matching descriptions to pictures | Listening/Video: travel show – places in America + Speaking: design a tour of your country |
| 16:00 | 14:00 Tour of Cork City | 14:00 Visit to Crawford Art Gallery | Lunch Break 14:00 Outdoor Irish Dancing | 19:30 Pour Your Own Pint Night | 13:45 Visit to the Jameson Whiskey Distillery |

LIFELONG LEARNING COURSE

Course Outline

This course includes developing skills for working cross-culturally, from initial contact to building lasting relationships. As well as developing a growth mindset, participants will practice mindfulness and critical thinking in a digital age.

Course Objective

Objectives of this course include practising cross-cultural communication and collaboration, developing a growth mindset and learner autonomy, promoting critical thinking, managing digital distraction and fostering well-being through mindfulness, practicing real-life scenarios and learning to tailor language to the context.

On completion of this course, participants will have developed as autonomous learners, and have greater confidence in their ability to use English in everyday situations with international students and colleagues.

Dates See Date Chart

Age Groups 20+

Accommodation Host Family / Shared Apartment / Residence / Hotel / B & B / Hostel

Course Price €520 per week

Participants 15

Duration 1 or 2 weeks

Levels

B1 B1+ B2 B2+ C1 C1+ C2

Sample Timetable

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-------|--|---|--|---|--|
| 08:40 | Introductions Cross-cultural networking with international colleagues | Developing a growth mindset and facilitating learner autonomy | Fostering well-being through mindfulness Managing digital distraction | Promoting critical thinking and reflective practice | Scenario training Q&A: Dealing with questions |
| | | | Coffee Break | | |
| | Team building & collaboration | Peer-teaching & project work | Understanding digital literacy | Experimentation and pushing boundaries | Feedback & reflection |
| | | | Lunch Break | | |
| 14:00 | 14:00 Tour of Cork City | 14:00 Visit to the Crawford Art Gallery | 14:00 Outdoor Irish Dancing | 19:30 Pour Your Own Pint Night | 13:45 Visit to the Jameson Whiskey Distillery |
| 16:00 | | | | | |



Erasmus+

Organisation ID Number: **E10195409**

This programme includes

- 5 days tuition (Monday – Friday) + 1 full-day activity
- 25 hours
- Use of all pedagogical material
- Maximum of 15 students per class
- Certificate of participation and attendance
- Social Programme
- Access to the CEC E-Learning platform
- CEC Welcome Pack, Map, and CEC Notepad

Sustainable Learning and Teaching as Global Citizens

Course Outline

This course explores the complexities of local, national, and global connections and our views, attitudes, and assumptions. In a hyper-connected age, it is essential to be aware of emerging issues and how they impact our learners, as well as us directly.

Course Objective

This course aims to raise participants' global awareness and understanding – practising cross-cultural communication and collaboration in a connected age. In addition to promoting critical thinking and creative problem-solving, fostering diversity and inclusion addressing sustainability and responsibility. On completion of this course, participants will have developed as global citizens, and have greater insight into how to transfer this practice in the classroom.



Organisation ID Number: **E10195409**

| | |
|----------------------|---|
| Dates | See Date Chart |
| Age Groups | 20+ |
| Accommodation | Host Family / Shared Apartment / Residence / Hotel / B & B / Hostel |
| Course Price | €520 per week |
| Participants | 15 |
| Duration | 1 or 2 weeks |
| Levels | |

This programme includes

- 5 days tuition (Monday – Friday) + 1 full-day activity
- 25 hours
- Use of all pedagogical material
- Maximum of 15 students per class
- Certificate of participation and attendance
- Social Programme
- Access to the CEC E-Learning platform
- CEC Welcome Pack, Map, and CEC Notepad



Sample Timetable

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------------|---|--|---|---|---|
| 08:40 | Introductions Intercultural communication | Promoting critical thinking and creativity | Practising mindfulness and managing digital distraction | Sustainability and responsibility in the classroom | Fostering diversity and inclusion Feedback |
| | | | Coffee Break | | |
| | Engaging & connecting with students by addressing global issues | Promoting critical thinking and creativity | Promoting peer learning & teaching | Discussion on ethical responsibility & value-backed education | Feedback & Reflection |
| | | | Lunch Break | | |
| 16:00 | Tour of Cork City | Coffee & Chat Networking | Wednesday Workshop | Irish Music & Dance Night | Visit to Blarney Castle & Gardens |

THE MUTTON LANE INN



The Mutton Lane Inn, Cork City

GenAI and other Digital Tools

Course Outline: Enhancing Teaching with Artificial Intelligence (AI)

This course provides the space for teachers of all levels of experience to engage and experiment with Artificial Intelligence (AI) and transformative digital educational tools. Learning how to plan, create, and deliver digitally enhanced lessons and resources both to enrich teaching practices and improve student outcomes.

Course Objectives

To gain practical insights into the application of AI in language teaching and cross-curricular subjects. To investigate and confidently apply digital tools to create and deliver dynamic, interactive and student-centred learning lessons.



Organisation ID Number: **E10195409**

| | |
|----------------------|---|
| Dates | See Date Chart |
| Age Groups | 20+ |
| Accommodation | Host Family / Shared Apartment / Residence / Hotel / B & B / Hostel |
| Course Price | €520 per week |
| Participants | 15 |
| Duration | 1 Week |
| Levels | |



This programme includes

- 5 days tuition (Monday – Friday) + 1 full-day activity
- 25 hours
- Use of all pedagogical material
- Maximum of 15 students per class
- Certificate of participation and attendance
- Social Programme
- Access to the CEC E-Learning platform
- CEC Welcome Pack, Map, and CEC Notepad

“The teachers at the school are very competent and work with different methods. The size of the class groups means that personal English skills are really catered for and can be improved.”

The activities offered outside of lessons are very varied and give you the opportunity to socialise with students from other classes. During my time in Cork, I met a lot of nice people and had some great experiences”

Manuela Weber - Tyrol, Austria

TEACHER REFRESHER COURSE

Course Outline

A course for English language teachers aimed at providing practical training in the most up to date teaching techniques and improving participants language skills.

Course Objectives

The course offers practical training in teaching techniques while also helping participants to improve their own language skills. Participants explore a wide range of topics including teaching methodology, exploiting and adapting materials, the increased role of technology in the language classroom, classroom management and approaches and activities for teaching all language areas and skills. Classes on Irish history, culture and the Irish educational system in addition to a full social and activity programme also form part of this intensive and dynamic course.

| | |
|----------------------|---|
| Dates | See Date Chart |
| Age Groups | 20+ |
| Accommodation | Host Family / Shared Apartment / Residence / Hotel / B & B / Hostel |
| Course Price | €520 per week |
| Participants | 15 |
| Duration | 1 or 2 weeks |
| Levels | |

B2 B2+ C1 C1+ C2

Sample Timetable

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------------|--|--|--|---|---|
| 08:40 | Induction & Needs Analysis: warmers and icebreaking activities | Language Clinic: narrative tenses | Language Clinic: future forms | Language Clinic: perfect tenses | Language Clinic: modal verbs |
| | | | Coffee Break | | |
| | Teacher Training: module 1 - listening | Teacher Training: module 2 - reading | Teacher Observation & Feedback Session | Teacher Training: module 3 - error correction | Teacher Training: module 4 - technology in the language classroom |
| | | | Lunch Break | | |
| 16:00 | E-Learning Platform Workshop | Supplementary Materials – use and adaptation | Irish Educational System | Games and Activities | Guest educational lecture and Q&A session |



Erasmus+

Organisation ID Number: **E10195409**

This programme includes

- 5 days tuition (Monday – Friday) + 1 full-day activity
- 25 hours
- Use of all pedagogical material
- Maximum of 15 students per class
- Certificate of participation and attendance
- Social Programme
- Access to the CEC E-Learning platform
- CEC Welcome Pack, Map, and CEC Notepad

CLIL FOR PRIMARY TEACHERS

Course Aim

A course for Primary teachers aimed at providing practical training in the most up to date teaching techniques and improving participants language skills.

Course Description

Participants will gain an understanding of how to combine language and subject teaching within a workable lesson framework and also explore a wide variety of practical tasks and activities that can be put to immediate use in the classroom. Participants will also have the opportunity to experience CLIL for themselves through the use of CEC's E-Learning platform which gives training in web skills through the use of English, neatly combining subject and language acquisition.



Organisation ID Number: **E10195409**

| | |
|----------------------|---|
| Dates | See Date Chart |
| Age Groups | 20+ |
| Accommodation | Host Family / Shared Apartment / Residence / Hotel / B & B / Hostel |
| Course Price | €520 per week |
| Participants | 15 |
| Duration | 1 or 2 weeks* |

*First course week must be booked in order to participate in week 2.

Levels



This programme includes

- 5 days tuition (Monday – Friday) + 1 full-day activity
- 25 hours
- Use of all pedagogical material
- Maximum of 15 students per class
- Certificate of participation and attendance
- Social Programme
- Access to the CEC E-Learning platform
- CEC Welcome Pack, Map, and CEC Notepad

Sample Timetable

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------------|---|--|--|---|--|
| 08:40 | Introduction to the Course: starting your classes in a positive way | CLIL 1: principles behind CLIL approaching and planning a CLIL lesson. | Language Clinic – model CLIL lesson | Lexis 1: presenting new words | Language Clinic – model CLIL lesson |
| | | | Coffee Break | | |
| | Reading – exploiting texts for CLIL | Phonology: integrating pronunciation into lessons. | Speaking skills and interaction strategies | Technology in the CLIL classroom: setting up and using webquests. | CLIL 2: approaches to planning topic based lessons |
| | | | Lunch Break | | |
| 16:00 | E-Learning Platform Workshop | Contextualisation of the learning experience | Micro – Teaching preparation | Micro-Teaching practice + feedback | Site visit & lecture to University College Cork |

CLIL FOR SECONDARY TEACHERS

Course Outline

A course for Secondary teachers aimed at providing practical training in the most up to date teaching techniques and improving participants language skills.

Course Objective

Participants will gain an understanding of how to combine language and subject teaching within a workable lesson framework and also explore a wide variety of practical tasks and activities that can be put to immediate use in the classroom. Participants will also have the opportunity to experience CLIL for themselves through the use of CEC's E-Learning platform which gives training in web skills through the use of English, neatly combining subject and language acquisition.



Erasmus+

Organisation ID Number: **E10195409**

| | |
|----------------------|---|
| Dates | See Date Chart |
| Age Groups | 20+ |
| Accommodation | Host Family / Shared Apartment / Residence / Hotel / B & B / Hostel |
| Course Price | €520 per week |
| Participants | 15 |
| Duration | 1 or 2 weeks* |

*First course week must be booked in order to participate in week 2.

Levels



This programme includes

- 5 days tuition (Monday – Friday) + 1 full-day activity
- 25 hours
- Use of all pedagogical material
- Maximum of 15 students per class
- Certificate of participation and attendance
- Social Programme
- Access to the CEC E-Learning platform
- CEC Welcome Pack, Map, and CEC Notepad

Sample Timetable

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------------|---|--|--|---|--|
| 08:40 | Introduction to the Course: starting your classes in a positive way | CLIL 1: principles behind CLIL approaching and planning a CLIL lesson. | Language Clinic – model CLIL lesson | Lexis 1: presenting new words | Language Clinic – model CLIL lesson |
| | | | Coffee Break | | |
| | Reading – exploiting texts for CLIL | Phonology: integrating pronunciation into lessons. | Speaking skills and interaction strategies | Technology in the CLIL classroom: setting up and using webquests. | CLIL 2: approaches to planning topic based lessons |
| | | | Lunch Break | | |
| 16:00 | E-Learning Platform Workshop | Contextualisation of the learning experience | Micro – Teaching preparation | Micro-Teaching practice + feedback | Site visit & lecture to University College Cork |

Erasmus+ Programme Date Chart 2025

(Page 1)

| COURSE | FEB | MAR | APR | MAY | JUN | JUL | AUG | SEP | OCT | NOV | DEC |
|--|---|-------------------------------|--------------------|--------------------|---|---|--|--------------------|-------------------|---------|-------|
| English for Educational Professionals | | 10 - 14 | 14 - 18 | 12 - 16 | 9 - 13 23 - 27 | 7 - 11 14 - 18 21 - 25 28 - 1 Aug | 4 - 8 11 - 15 18 - 22 25 - 29 | 1 - 5 15 - 19 | 6 - 10 20 - 24 | | |
| Academic Skills - Writing & Presenting | | 10 - 14 | 14 - 18 | 12 - 16 | 23 - 27 | 14 - 18 | 18 - 22 | 15 - 19 | 20 - 24 | 17 - 21 | 1 - 5 |
| Lecturing Confidently through English | | | 14 - 18 | 12 - 16 | 9 - 13 | 7 - 11 | 18 - 22 | 1 - 5 | 6 - 10 | | |
| English Language & Irish Culture | 10 - 14 | 10 - 14 17 - 21 24 - 28 | 07 - 11 14 - 18 | 12 - 16 26 - 30 | 2 - 6 9 - 13 16 - 20 30-4 Jul | 7 - 11 14 - 18 21 - 25 28 - 1 Aug | 4 - 8 11 - 15 18 - 22 25 - 29 | 15 - 19 22 - 26 | 6 - 10 20 - 24 | 17 - 21 | 1 - 5 |
| Collaborative Learning in English | | 10 - 14 | 07 - 11 | 12 - 16 | 9 - 13 | 14 - 18 | 11 - 15 | 15 - 19 | | | |
| Intensive General English | Begin any Monday throughout the year. Course levels: A2 - C1 | | | | | | | | | | |

Contact Us



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Erasmus+ Programme Date Chart 2025

(Page 2)

| COURSE | FEB | MAR | APR | MAY | JUN | JUL | AUG | SEP | OCT | NOV | DEC |
|--|-----|---------|--------------------|---------|---------|---|--|--------------------|---------|---------|-------|
| Lifelong Learning | | 10 - 14 | 07 - 11 | 12 - 16 | 9 - 13 | 14 - 18 | 11 - 15 | 15 - 19 | | | |
| Sustainable Learning & Teaching as Global Citizens | | | 14 - 18 | | 23 - 27 | 14 - 18 | 18 - 22 | | | | |
| GenAI & other Digital Tools | | | | 19 - 24 | 16 - 21 | 21 - 26 | 18 - 23 | | | | |
| Teacher Refresher Course | | | 14 - 18 21 - 25 | 12 - 16 | | 7 - 11 14 - 18 21 - 25 28 - 1 Aug | 4 - 8 11 - 15 18 - 22 25 - 29 | 15 - 19 22 - 26 | 20 - 24 | 17 - 21 | 1 - 5 |
| CLIL for Primary Teachers | | 10 - 14 | 14 - 18 21 - 25 | 12 - 16 | | 7 - 11 14 - 18 21 - 25 28 - 1 Aug | 4 - 8 11 - 15 18 - 22 25 - 29 | 15 - 19 22 - 26 | 20 - 24 | 17 - 21 | 1 - 5 |
| CLIL for Secondary Teachers | | | 14 - 18 21 - 25 | 12 - 16 | | 7 - 11 14 - 18 21 - 25 28 - 1 Aug | 4 - 8 11 - 15 18 - 22 25 - 29 | 15 - 19 22 - 26 | 20 - 24 | 17 - 21 | 1 - 5 |

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We would love to hear from you!

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