

NEW

ADULT PROGRAMME 2026



50+ PROGRAMME

Course Aim

This course is ideal if you're over 50 and seeking a fresh adventure. The programme combines morning English classes with a culturally rich and enjoyable social programme tailored for more mature learners.

Course Description

The 50+ Programme with CEC is designed for mature students who want to enhance their language skills while enjoying a lively and culturally rich experience. Learn and practice English with fellow students from a similar generation and explore Ireland's heritage and charm in one of its most vibrant cities.

Dates **March 09-14, June 08-12,**
July 06-10, August 10-14

Age Groups 50+

Accommodation Host Family / Student Residence / B&B / Hotel

Price €520 per week

Participants 15

Duration 1 Week

Levels



This programme includes:

- 20 Lessons per week (1 lesson = 60 mins)
- Average 6 - 8 students per class
- Certificate at the end of course
- Afternoon Social and Cultural Programme
- Evening Social Programme
- Access to the CEC E-Learning platform
- CEC Welcome Pack, Map and CEC Notepad
- 24hr assistance
- CEC Advantage Club

Sample Timetable

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
08:40	Welcome induction & ice breakers	Language focus: grammar analysis and practice	Speaking: everyday activities and general trends + Present Simple and Continuous	Finding things in common: agreeing and disagreeing. Writing: Email to a friend	Test & correction + Pronunciation Strong and weak forms of auxiliary verbs	09:00
10:40						
10:40	Coffee Break					
11:00	Listening to an inter view Vocabulary recording: building a lexical notebook	Reading and speaking: adrenaline junkies + talking about new sports and trends in free time	Listening/speaking: new year traditions around the world + Webquest: present a tradition from another country	People: appearance & character vocabulary + Reading: matching descriptions to pictures	Listening/Video: travel show – places in America + Speaking: design a tour of your country	Full Day Trip to Killarney National Park
11:00						
13:00	Lunch Break					
13:00	Cork City Orientation Coffee & Chat Session	Visit to Nano Nagle Place	Irish Music & Dancing Night	Chocolate Bar Making Workshop	Visit to the Jameson Irish Whiskey Distillery	17:00
14:00						
14:00						
17:00						



Authorised Exam Centre